

Make EVERY DAY Earth Day in Redding

Here are 30 Ways!

1. Pick up **The Book Of Trails, A Guide to the Use and Protection of Open Lands In Redding** and explore our town's over 7,000 acres of permanently protected open space and 66 miles of trails. Thanks to the Redding Land Trust,--having celebrated it's 50th anniversary last year--this incredible resource is available at the **Mark Twain Library, New Pond Farm and Redding Town Hall**.
2. Don't forget to bring a reusable water bottle filled with filtered tap water instead of buying bottles of water to stay hydrated on your hike.
3. Become a member of **New Pond Farm**. Located on **Marchant Road, New Pond Farm** is situated on 102 acres that host a rich blend of both natural habitats and farming terrains. Dozens of family-oriented programs run throughout the year; visit newpondfarm.org for details.
4. Arrange to carpool to the **Boys and Girls Club** for the next game. Parking there is limited anyway, and leaving your car at home just 2 days a week will reduce your carbon dioxide emissions by 1,590 pounds per year.
5. Support **Highstead** on Lonetown Road. Highstead works to inspire curiosity and build knowledge about plants and wooded landscapes in order to enhance life, preserve nature, and advance sound stewardship practices.
6. Use cloth grocery bags. But if you forget, be sure to recycle your plastic bags in the collection bin at **Caraluzzi's**.
7. Make an Earth Day pledge to take a shorter shower!
8. Register with www.catalogchoice.org to get off unwanted junk mailing lists.
9. Take your dog for a walk at one of Redding's picturesque Parks: **Huntington State Park, Topstone or Putnam Park**.
10. Visit **The Mark Twain Library** and check out the special Earth Day exhibit featuring titles and DVDs on the environment and environmental issues.
11. Take your little ones to the playground at **Redding Elementary School**, but pack their snacks in reusable containers.
12. Grab the binoculars and go for a bird walk. Look for Redwing Black Birds, Cow Birds, Robins, Eastern Towhees, Eastern Blackbirds and Phoebees.
13. Mark your calendars! The Saturday following Mt. Trashmore is the **Mark Twain Library Frog Frolic (April 30!)** **New Pond Farm** will be there with some real web-footed friends!
14. **Transfer Station Fact:** Every year, 21 BILLION pounds of textiles are thrown away in the U.S. 45% of these can be reused, 30% can be turned into wiping cloths and 20% recycled into new products. Bring your clothing, shoes and linens to the **Baystate Trailer at the Transfer Station**.
15. Buy a tree from **Redding Nursery** and plant it in your yard. Planting shade trees around your house will absorb CO₂, and slash your summer air-conditioning bills.

16. Reduce paper use – use cloth rags & napkins instead of paper ones.
17. Did you know the average American meal travels more than 1,500 miles from the farm to your plate? Visit your local organic farmer (**Holbrook's** on Route 53, or **Warrup's Farm** on **Lonetown Road**, for example) to get your fruits and vegetables.
18. As a member, you can buy your milk & yogurt from **New Pond Farm!**
19. Buy recycled products!
20. Run washers & dishwashers only when full to save hot water and energy.
21. Did you know? The **Redding Garden Club** has been keeping Redding "Green and Clean" for over 50 years? Visit www.reddinggardenclub.org to learn about all the initiatives and what they do for Redding. And mark your calendar for their **Annual Plant Sale**, May 7 from 9am-1pm at the Redding Historical Society on Lonetown Road.
22. Visit the **Parade Path**, a botanical walk into the past, with native and introduced plantings progressing back from the 1900s to the Revolutionary Era. The **Parade Path** is located on the Town Green.
23. Eat more peanut butter & jelly! Compared with a burger, a PB&J saves as much as 2.5 lbs. of carbon dioxide, 280 gallons of water and 50 square ft. of land (according to [Sierra Club](#) mag.)
24. Don't bag your grass clippings when you cut your lawn. Organic mulches break down gradually and help improve the soil. Use the same blade to mulch leaves in the autumn for a "natural food" for your lawn.
25. Hang clothes to dry outdoors to cut back on dryer use...and they smell better too!
26. Save your newspapers and take them to the **Redding Transfer & Recycling Center**. Recycling a stack of newspapers only 4 feet high will save a good-sized tree.
27. Bring hangers and plastic bags back to the dry cleaners; **Classic Cleaners in Georgetown** is happy to have them!
28. Skip the Pesticides! Broad-spectrum or nonselective pesticides kill almost any critter they touch, including the good bugs that prey on the bad bugs.
29. Don't forget: Do your part to clean up Redding's road-side trash this Saturday, April 23. Gloves, vests & bags will be distributed at the Town Green from 9am-1pm. Bring trash back before 3 pm and create the largest **Mt. Trashmore** ever on the Town Green!
30. **HAPPY EARTH DAY!** Earthday.org estimates that **1 BILLION people now participate each year**, making it the largest civic observance in the world! Be a part of it and visit your Town Green on April 22nd!

