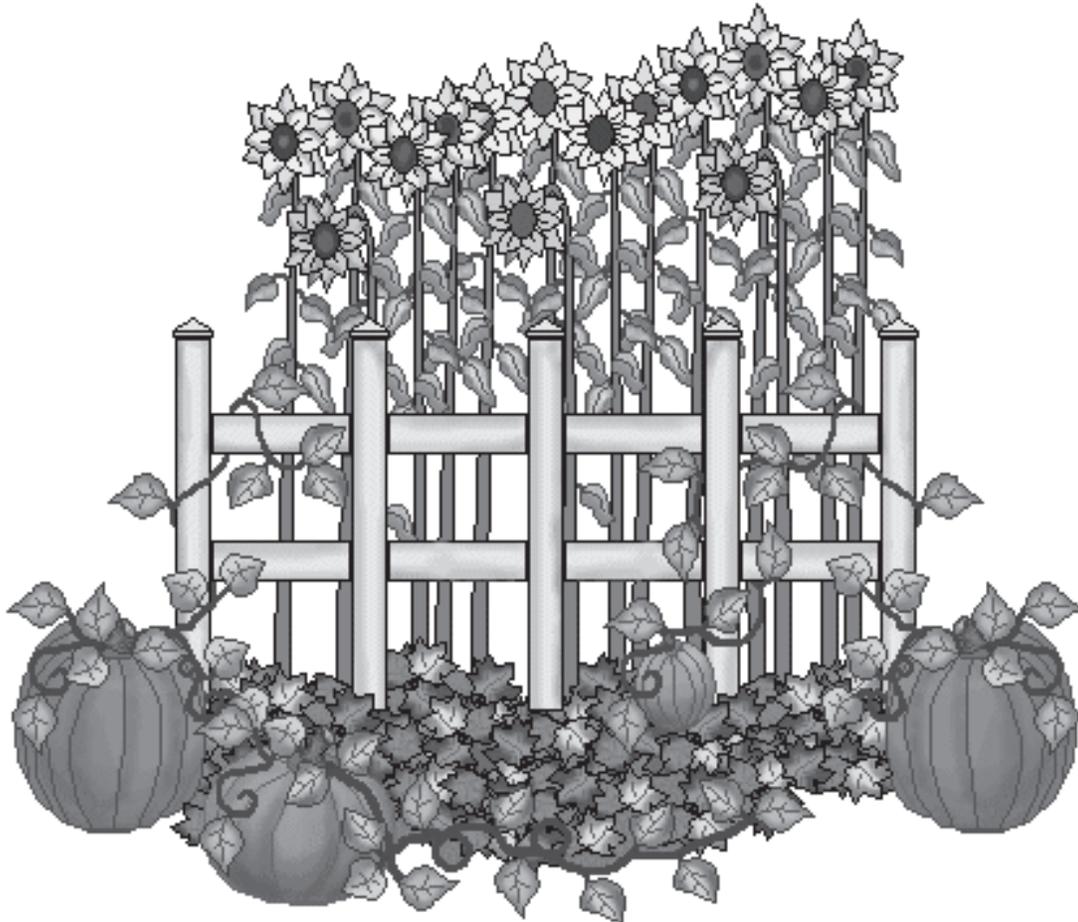


Redding Park & Recreation

FALL 2016

www.townofreddingct.org



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FALL 2016

RCC OPEN GYM SCHEDULE

TUESDAY, SEPTEMBER 20 – SATURDAY, DECEMBER 31

In an effort to create a more open Community Center, we have made youth open gym times for grades 5-12 FREE TO ALL RESIDENT YOUTH. This fall,, we offer three free youth open gym times on our schedule including Saturdays combined youth / family time. High school students over 18 attending the designated adult gym times must pay the adult drop in fee. Family gym times on Saturdays and Sundays are also free but parents must be here to play with their children. Saturday’s combined gym time can be used by families and by those in grades 5-12 without a parent. As you probably know, many of the gym hours during the afternoon and evening are occupied by Park and Recreation classes, leagues, community sports groups and outside rentals. The gym is also available for adults to bring their children during the day on many weekdays. Just give us a call and we’ll let you know when you can come down since schedules change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool 10:00-11:30am No 10/10 + dates below						Adult 40+ Basketball 8:30-10:30am
FREE High School/ Middle school Open Gym 4:00-6:00pm Starting 11/14 Shortened 4:00-5:30pm	Pickleball 10:00- 11:30am Starting Sept 27		FREE High School/ Middle school Open Gym 5:30 -7:30pm Thru 10/27 only	FREE High School/ Middle school Open Gym 4:00-6:00pm	FREE High School/ Middle school Open Gym 1000am- 12:00pm Until 11/26 only	Adult Soccer 10:30-11:59am starting 11/5
Open Volleyball All ages (11- Adult) 7:30-9:30PM	Adult Open Basketball 35yr + 7:30-9:30pm		Adult Open Basketball 18 yr + 7:30 – 9:30pm			FREE Family Only Time 12:00 -2:00p

THE RCC GYM WILL BE CLOSED ON: NOV 7-8 NOV 24, DEC 24-25 AND DEC 31-JAN 1 AND 8/29- 9/19 FOR THE MARK TWAIN LIBRARY BOOKFAIR AND GYM FLOOR RESURFACING

**ADDITIONAL OPEN GYMS - FRIDAY AND SATURDAY NOV 25-26 10AM-4PM
TIMES WILL LIKELY BE ADDED DURING CHRISTMAS BREAK WEEK**

Daily Fees

Resident Adult \$5.00
Non-resident Adult \$7.00

Unlimited Use Passes

Resident \$30.00
Non-Resident \$49.00
Three Month Adult

All participants in open gym programs are expected to conduct themselves in a cordial, respectful and non-violent manner. The town will not be held responsible for any medical costs incurred by the participant. Should the site supervisor need to remove a participant for any reason, they will lose their open gym privileges. Open time is designed for people to come down and find people to play with and therefore organized teams are not permitted to use this time as practice.



Park and Recreation Commission

Celebrating 45 Years, 1971 to 2016

Chairperson – Kevin Jones

Jan Dorenbosch	Scott Palmer
Caroline Hunter	John Board
Lynn Valenti	Ronna Brier

Park and Recreation Staff

Robert Blick, Director

Debbie Clark, Administrative Assistant
Laura Anderson, Director of Recreational Programs
Mary Jo Dix, Director of Extended Day Programs
Sarah Ewud-Kilburn, Program Coordinator

Redding Park & Recreation Mission Statement

The mission of the Redding Park and Recreation Department is to provide recreational opportunities for Redding residents, through the maintenance of our park and the development of sports and recreational programs.

Office Information

The Park and Recreation Department office is located in the Redding Community Center at 37 Lonetown Road behind the Redding Elementary School. The office is open Monday through Wednesday 8:30 a.m. to 5:30 p.m and Thursdays 8:30-6:00pm. Our phone number is (203)938-2551 and our Fax is 938-1071.

How do I register for programs?

Registering in the traditional manner requires a registration form and form of payment at the time of registration. Some registration forms are included in this brochure such as our camp registration form and our regular program registration form. All other “special registrations forms” are available at our offices or are on line at www.townofreddingct.org

Payments may be in the form of cash, check or credit card (Visa, Mastercard, American Express or Discover). Due to heavy seasonal volume, credit card numbers must be written on the forms for us to process later. No phone registrations will be accepted during peak period.

TO REGISTER ONLINE go to Park and Recreation’s page off the town website (townofreddingct.org) and click on the link to register online. If you have any problems registering online for any program, call us and we’ll help you get registered for your favorite programs.

Another convenient way for you to sign up for programs would be to fax in your form (938-1071) with the credit card information on it. Another option for those of you who can’t get into the office would be to either mail it or drop the form in our green drop box near the gym entrance side of the Community Center. Just be sure to attach your check or write in the credit card information.

When should I enroll?

You should enroll as soon as possible. For most programs to be conducted, a minimum enrollment must be reached. In addition, there is usually a maximum enrollment based on the facility size and the instructor’s requirements. Many of our

popular camps fill up. Registration is always on a first come, first served basis. Register early to avoid being closed out of an activity or us being forced to cancel an activity! ONLINE registration often is shut off a day or two before the program starts but we can take registration for some non-camp programs over the phone.

-You may register for all programs as soon as you have received this brochure.

How will I know if I got into a class?

We do not send or call with confirmations unless you register online. We will only call you if you did not get into a class or if the class didn’t reach the minimum enrollment necessary to run the class. We will try to call at least 2 days in advance if we have to cancel a class. If more notice is required by you, feel free to call us to see how enrollment is doing. Most classes have limited enrollment, and may fill. If so, please ask to be placed on a waiting list. We may be able to form a new class if enough people are interested and there is enough space to do so.

Can Non-Residents attend programs?

Yes and there is no additional fee for classes and camp. There are additional fees for open gyms and Topstone Park. Non-residents must wait to register for 1 week after registration begins. Non-residents must wait to register for camp until April 15.

Is there a discount for seniors?

Residents 60 years of age and over are entitled to a 50% discount on most programs except trips or unless otherwise stated.

What is the returned checks fee?

If a check is returned to the Park and Recreation Department for any reason, there will be a \$25.00 service charge assessed.

What is your department’s credit / refund policy?

1. Any credit that might be issued will be applied to your household and may be used towards another Park & Recreation program. There is no time limit to use this credit.
2. There will be no refunds unless specifically requested.
3. A full refund/credit will be given if the program is canceled by the Park and Recreation Department prior to the program's start.
4. A refund/credit for the amount of the program (less a 10% processing fee) will be given when an individual withdraws from a program at least one week prior to the program's printed starting date. When withdrawal occurs less than a week before the program starts, only 50% of the fee can be credited.
5. After a class starts, no credit will be given.
6. Credits or refunds for trips and special events will only be issued if a waiting list exists and the spot can be filled.
7. ****Separate credit policies exist in our before and after school programs as well as our summer and vacation camps. Please look for our policies on those special registration forms or handbooks.****

How do I find out if programs are canceled due to inclement weather?

Light rain or drizzle does not automatically cancel classes. If there is a question as to whether class will be held or not, call the Park and Recreation Cancellation line at 938-5036 and select voice mail option #3. The voicemail will have cancellations listed at least 30 minutes prior to the class time. However, decisions are often made earlier.

What happens if a class is right after school at RES?

Parents should contact the school through the “Dismissal Manager” each day. Indicate “the class title” (not the location) This is required by RES allowing the child to go to Park and Recreation classes at 3:00pm or 3:15pm. Please do not indicate Walker’s Room unless you are picking up your child and he/she is not attending class (see next section).

If the program is at RES, children in grades 1-4 walk themselves to the cafeteria after the last bus is called. We will always pick up kindergartners at their rooms and walk them to our classes. For tennis classes and programs at the Redding Community Center, instructors will pick up the students in the cafeteria after the last bus is called as well and walk them to the program area.

Do you provide transportation from JRMS?

JRMS Students who want to attend Park and Recreation “classes” may now take a school bus directly to the Redding Community Center. This new convenient method of transportation to the RCC should make it easier for all parents to enroll their children in Park and Recreation classes.

Students will just need to hand-in a bus note to the JRMS Office **first thing in the morning** requesting to take the bus to the Redding Community Center. Students will be told which bus is assigned to RCC. In order to make this run smoothly, we can not accept day of registration for classes and allow bus transportation from JRMS.

Parents should explain to their child that they are expected to check-in to the Park and Recreation office upon their arrival at the Community Center and will be asked to wait quietly inside the Community Center for a few minutes for class to begin. Because there may be a short delay while students wait before classes begin (without supervision), it is up to each parent to determine if using the new RCC bus is something with which they are comfortable.

Please be sure your child hands in their bus note at the JRMS office **FIRST THING IN THE MORNING**.

What if my child is not attending a class?

Park and Rec. works closely with the school to ensure the safety of all children. Park and Rec. needs parents to call us if

your child will not be at a 3:00pm or 3:15pm class. Please call us by 9:00 AM so that we don’t spend time trying to determine where the children are going. If plans change during the day, you should always make separate calls to us and the school.

From the Director.....

What a great summer we had! Besides the summer concert series, there was so much to do this summer with a variety of great summer camps, Topstone Park and musical events both at Topstone Park and on the Green..



Special thanks to our Day Camp Directors Dina Scalo, Jeff Docimo and our summer camp staff for making Day Camp so fun for so many campers all summer long. We had many great trips and events planned. Our specialty camps were great as well. Mrs. E’s Travel Camp brought campers in grades 5-10 to fun places every day for 6 full weeks

I’d also like to thank our supervisors at Topstone Park. Yvonne Palacios, Chris Augustine and Paris McAdam made sure the park was running smoothly. Kevin O’Donnell planned so many great special events each week. Thanks to all our lifeguards who make Topstone such a safe and friendly place to be.

This brochure features our usual programs and few recently added ones. We have a watercolor program for teens, fencing, Hands on Science, touch football for middleschoolers and Mind Craft Legos. For trips we have a teen trip to the Haunted Graveyard at Lake Compounce Oct 22, and coach bus trips to see the NY Jets (Nov. 13), NY Rangers (Feb. 26) and the Broadway show, *School of Rock* (Nov. 19).

Now that fall is here, you can get ready for basketball in our adult, youth and family open gyms. Sign up for youth basketball leagues before 10/1 and get a \$10 discount

OPEN GYMS

Our complete line-up of “Drop-In Gym Times” is listed on page 1. The schedule features some free admission times, such as designated “Family” times and free student times for grades 5-12. During a typical weekday, adults may use the RCC gym with or without their children, whenever it is not previously scheduled for a class or other event. But, please call us in advance as daytime schedules can often change. We also offer three separate adult basketball times; Tuesday and Thursday evenings and Sunday mornings. We also have open volleyball on Monday nights. We are also offering Pickleball on Tuesday morning.

ONLINE REGISTRATION

Signing up for our programs has never been easier with our online registration option.

If you are a new online registration user who is having trouble connecting to your existing account with us, please contact us. Rob will get back to you and help resolve the problem so you can take advantage of this convenient 24 hour a day registration option. Online registration often closes as we get close to the start date of a program. Please call us if that is the case or you have any problem whatsoever.

You may still, of course, browse our website to find information about our programs and special events just as you did before, but now you can conveniently register online as an option.

WEEKLY EMAIL BLASTS

Please take advantage of our weekly email “blast” that keeps you up-to-date on Park & Recreation news. Sign up online for our email blast by clicking on the yellow oval that says, “sign up now” from our web page. We currently have more than 800 people signed up for this informative news blast. Once on the list, you can forward information you receive to your friends or family, (but your email information will always remain confidential.) Please remember that Redding Park and Recreation programs are available to all, residency is not required. Help spread the word! Invite your friends to join!

LYRICS COFFEEHOUSE

The monthly *Lyric's Coffeehouse* series begins in November leading off with Sweet Little Bloodhound on November 4. We have created a nice coffeehouse feel the last few seasons.

Bring a bottle of wine, food and snacks just like you do in the summer at Concerts on the Green. The series showcases singer-songwriters performing their own music in an environment conducive to listening. Links to each performer's website are listed online

The series is usually held on the First Friday of each month except in December, which is held on a Saturday and January, which will be held on a Thursday night.

The Lyrics Coffeehouse 2016-17 lineup:

Friday, November 4	Sweet little Blood Hound
Saturday, December 3	David Morgan
Thursday, January 5	Brooks Williams
Friday, February 3	Milton
Friday, March 3	Kerri Powers
Friday, April 7	Young Novelists

REDDING COMMUNITY CENTER

Redding Community Center is now even easier for residents to use since the insurance requirements for individuals have been removed. While groups still need to furnish an insurance certificate, individuals only need insurance if alcohol will be served at their event. We even have an easy way to make that happen too. Come down and use the Community Center for your event. It's roughly \$35 per hour plus cleanup. Check our website, for a more detailed page describing typically available dates and times and an explanation of the application process. Reserve your dates early to be assured of availability.

Birthday parties can also be held at RCC on weekends. You can reserve the Community Center up to a year in advance for a birthday party (although gym use is limited during basketball season.)

To help students who want to find work and connect with people who need workers our department has an ongoing list of “workers needed” and “workers wanted”. If you or your child puts their name on the list, they can get the updated corresponding list. Just give us a call.

We hope that you choose to use our facilities and sign up for our programs. Remember... *the Benefits of Park and Recreation are Endless!*

Get more information on any of our programs from our webpage off of the town website at www.townofreddingct.org

Rob Blick
Director of Park and Recreation

ADULT PROGRAMS

You must register at least 3 days before the start of class. This will enable us to determine if a class will run or not.

Morning Yoga



A multi-level class that helps to release chronic tension and stress, activate energy and balance, cultivate inner focus and clear awareness both on and off your yoga mat.

No two classes will be the same in this fun and creative mix of various yoga traditions. Modifications will be offered to accommodate varying physical needs. Classes include yoga postures, breathing techniques and deep relaxation. Please bring a yoga mat or large towel and a blanket for relaxation. Karen Gillotti will be your instructor.

Activity: 11113-1 12 classes
 Dates: 9/26/16-12/12/16 Day: Monday
 Time: 10:30am -12:00pm Fee: \$144.00
 Location: Congregational Church
 (corner of Cross Highway & Lonetown Ext.)

Activity: 11113-2 13 classes
 Dates: 9/8/16-12/15/16 Day: Thursday
 Time: 10:00-11:30AM Fee: \$156.00
 Location: Congregational Church
 No Class: 9/22, 11/24
 (corner of Cross Highway & Lonetown Ext.)

Yogalates



This is a workout which works on isometrics, stretching, strengthening, lengthening and cardio. This class combines moves from yoga and pilates. If you have never taken this class this is definitely a great workout just talk to the

people who take it on Saturday, it works every muscle in your body, and the music is fabulous too! Laurie Mayper is your instructor.

Saturday Class
 Activity: 11113-7 11 classes
 Dates: 9/17/16-12/17/16 Day: Saturday
 Time: 9:30- 10:30am Fee: \$121.00
 Location: RCC Community Room
 No class: 10/8, 10/15, 11/26

Evening Yoga

Hatha yoga begins with learning the art and science of yoga postures. The method of study is orderly and progressive and the postures are adjusted to meet the physical conditions and needs of each student. Strength, coordination, flexibility, stress relief and an increase in well-being are some of the derived benefits.

Activity: 11113-3 8 classes
 Dates: 9/8/16-10/27/16 Day: Thursday
 Time: 7:00 - 9:00pm Fee: \$104.00
 Location: RCC Community Room
 Instructor: Pat Reichart

Activity: 11113-4 7 classes
 Dates: 11/3/16-12/22/16 Day: Thursday
 Time: 7:00 - 9:00pm Fee: \$91.00
 Location: RCC Community Room No Class: 11/24
 Instructor: Pat Reichart

Tuesday Night Yoga

Energize the body and calm the mind. Focus on poses that develop strength, flexibility, and balance. New students are welcome, including those brand new to yoga. Basic poses, more challenging variations, and gentle modifications will be offered, so all students find safe alignment and inner well-being. Leave class both invigorated and stress-free.

Instructor, Laurie Mayper, has certifications including YogaSpirit Studios, yin yoga, restorative yoga, pilates mat and group exercise.

Activity: 11113- 5 13 classes
 Dates: 9/13/16-12/13/15 Day: Tuesday
 Time: 7:30-8:45pm Fee: \$143.00
 Location: RCC Community Room
 No class: 11/8

Zumba

Zumba fitness fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. The goal is simple: We want you to want to work out, to love working out, and to get hooked. Zumba Fanatics achieve long-term benefits while experiencing an absolute blast in one exciting class of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! Jessica Ewud is your instructor.



Activity: 11117-2 13 classes
 Dates: 9/13/16-12/13/16 Day: Tuesday
 Time: 6:15-7:15pm Fee: \$143.00
 Location: RCC Community Room No class: 11/8

Pilates



Pilates is a conditioning program focused on teaching the muscles to work effectively through pelvic & spinal stabilization. Pilates not only focuses on your core; it is a complete body workout designed to tone and lengthen many of the body's muscles. All these aspects are incorporated with effective breathing techniques. This class is geared for beginner, intermediate and advanced Pilate's students. Nancy Ciardullo is your instructor. Nancy is a STOTT trained instructor with 12 years of Pilates experience.

Evening classes

Monday

Activity: 11116-2 10 classes
Dates: 9/12/16-12/19/16 Day: Mon.
Time: 6:15-7:15pm Fee: \$110.00
No class: 10/3, 10/10, 10/31, 11/7, 12/12
Location: RCC Community Room

Wednesday

Activity: 11116-3 14 classes
Dates: 9/7/16-12/14/16 Day: Wed
Time: 6:15-7:15pm Fee: \$154.00
Location: RCC Community Room
No Class: 11/23

Class on 10/12 will we in the RCC gym

Morning classes

Monday

Activity: 11116-4 12 classes
Dates: 9/12/16-12/19/16 Day: Mon.
Time: 9:00-10:00am Fee: \$132.00
Location: RCC Gym
No class: 10/3, 10/10, 11/7

Wednesday

Activity: 11116-5 14 classes
Dates: 9/7/15-12/14/16 Day: Wed
Time: 9:00 - 10:00am Fee: \$143.00
Location: RCC Gym No class: 11/9

Pickleball

What is Pickleball? It is a paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. The USAPA currently estimates there are now over 100,000 players actively playing pickleball. the daily fee is \$5 for residents and \$7 non-residents. A three month pass for only \$30 (\$49 for no-residents) can be purchased at the gym also. Pickleball time will be Tuesdays from 10:00-11:30am

See open gym schedule on page 1 for details

Tennis Lessons

For weather related concerns call the cancellation line at 203-938-5036, option 3.

Adult Beginners:

Activity: 11114- 2 6 Lessons
Dates: 9/7/16-10/12/16 Day: Wed.
Time: 9:00-10:00am Fee: \$72.00
Instructor: Glen Englander

Adult Advanced Beginners:

Activity: 11114-3 6 Lessons
Dates: 9/7/16-10/12/16 Day: Wed.
Time: 10:00-11:00am Fee: \$72.00
Instructor: Glen Englander

Adult Intermediate

Activity: 11114-4 6 Lessons
Dates: 9/7/16-10/12/16 Day: Wed.
Time: 11:00am-12:00pm Fee: \$72.00
Instructor: Glen Englander

Adult 55+:

Activity: 11114-5 6 Lessons
Dates: 9/7/16-10/12/16 Day: Wed.
Time: 12:00-1:00pm Fee: \$72.00
Instructor: Glen Englander

Adult Drawing and Painting

These classes are a lovely way to spend some time on you! Beginner to advanced students welcomed. This studio class is designed to offer individual instruction for independent projects regardless of skill level. Susan and her creative staff will help you design and create artwork that inspires you. All material provided unless you prefer your own. Mediums available at class are drawing pencils, colored pencils, pastels, charcoals, watercolors and acrylic paints, and clay. Classes are held at Georgetown School of the Arts, 25 Old Mill Rd., West Redding, CT. No Senior Discount for these classes

Session 1

Activity: 11218-1 5 classes
Dates: 9/22/16-10/20/16 Day: Thurs.
Time: 10:00am-12:00pm Fee: \$180.00

Session 2

Activity: 11218-2 5 classes
Dates: 11/3/16-12/8/16 Day: Thurs.
Time: 10:00am-12:00pm Fee: \$180.00
No class 11/24

Golf Quest - Golf Lessons

Golf season is upon us! Join the professionals at Golf Quest this fall. These classes are perfect for the beginner or for those looking to improve certain elements of their game. You may bring your own clubs or they will supply them. Of the 72 stations at Golf Quest, 36 are heated so colder weather will not be a factor. You may stay late after each class and enjoy a free bucket of balls or ask for a coin good for a small bucket. Three classes in each session feature irons, woods and "the short game." All classes meet at Golf Quest, 1 Sand Cut Rd., in Brookfield, CT
Ages: 16 and up Time: 6:00-7:00pm
Fee: \$115.00 for 4 classes, No Senior Discount

Adult Novice

Activity: 11101-1
Dates: 10/5-10/26 Day: Wed.

Activity: 11101-2
Dates: 11/7-11/28 Day: Mon.

Activity: 11101-3
Dates: 12/1-12/22 Day: Thur.

Women Only

Activity: 11101-5
Dates: 10/6-10/27 Day: Thur.

Activity: 11101-6
Dates: 11/8-11/29 Day: Tue.

Activity: 11101-7
Dates: 12/7-12/28 Day: Wed.

Youth Employment Listing

Park and Recreation wishes to help connect local youth willing to do work and the people wishing to offer work.

Young adults 12 and older wishing to mow lawns, baby sit, shovel snow or any other work can get listed at Park and Recreation on our youth worker list. Please be sure to tell us what type of work you are willing to do and when you are generally available. If you are a person who has work to offer young people please let us know what you are looking for. These listings will be given to anyone who asks for either the workers wanted listing or youth worker listing after they have registered with us. Listings will be given out going back for two years unless you ask us to take your name off of the list.

88888-1 Youth Workers List
88888-2 Workers Wanted List

Adult Open Gyms

See open gym chart on page # 1

FAMILY PROGRAMS

Birthday Parties

Why not use the Redding Community Center for your child's next birthday party? Park and Recreation is now offering a room to use for youth birthday parties on most weekends. You must arrange for your party at least one month before the desired date and allow a few days for us to check availability. The gym is also available for use during certain designated times. Call Rob Blick at 938-2551 x 6 for pricing and availability.

Scarecrow Decorating



Decorate a scarecrow with your family at the Redding Community Center. We will provide the post, hay and string. All you provide are the clothes and anything else you need to make your scarecrow unique! Don't miss out on the fun! This is a free event! Advanced registration is required. Please sign up by Tuesday, October 25th.

Activity: 13131-2
Date: 10/28/16 Day: Friday
Time: 5:00pm

Trunk or Treat Steet

Saturday, 10/29/16 3:00-5:00pm

The Redding Neighbors and Newcomers along with the Redding Park and Recreation Department are very excited to team up once again and offer this event to the community. The RCC parking lot will become your child's fun and scary trick or treat street. Residents will distribute candy to children from the back of their elaborately decorated vehicles. The Community Center will be open with entertainment during designated trunk or treating time.

Fee: cost to attend is one bag of candy per child.
Registration is encouraged. Walk ins are permitted.

For more information and to Register go to the Neighbors and Newcomers website:
<http://www.reddingneighborsandnewcomers.org>

Redding Family Ski Weekends Smugglers Notch, Vermont January 27-29, 2017 March 10-12 2017

Join us for these special Redding family weekends at Smugglers Notch, VT, the number one family ski resort in the east! Units come in a variety of sizes for your group of friends. Ben Childs, Group Coordinator at Smugglers, will be glad to describe the units and the unbelievable pricing options for you (800) 521-0536 or call Rob Blick for more information.

Lyrics Coffeehouse Series

The *Lyrics* music series features artists performing original music in a warm coffeehouse environment. The performances are typically held on the first Friday night of each month starting at 7:30pm at the Redding Community Center from November – April. Admission is \$12 at the door or \$10 in advance for each show.

Come to the Community Center with a bottle of wine and enjoy some “lyrics” worth listening to. The coffee is always free and snacks and soft drinks are available for purchase. Bring the kids or the parents; it is half price for seniors or children. The coffee is free and you will receive one coupon good for a soft drink or desert item. Additional snacks are for sale. Wi-Fi is available so bring your laptop.

Friday, November. 4	Sweet Little Bloodhound
Saturday, Dec. 3	David Morgan
Thursday, January 5	Brooks Williams
Friday, February 3	Milton
Friday, March 3	Kerri Powers
Friday, April 7	The Young Novelists

Annual Tree Lighting Event

Let’s all celebrate the winter season on the Town Green, Saturday, December 3rd at 3:30pm. Check the *Redding Pilot* or call Park and Recreation for more information the week before the event. The Georgetown Lions Club will be on hand serving hot cocoa.



Family Open Gym

This family time is unstructured and allows parents and their children to enjoy time together in a gym atmosphere. Bring the entire family down for a wonderful bonding experience. Saturday’s, 10am-12pm and Sundays, 12-2pm. In December this will only be Sundays due to our basketball league.

See Open Gym Chart on page # 1

Swimming in the Redding Area

There are some great local places residents can swim this fall and winter now that Topstone Park is closed. We would like to let residents know about these other swimming options that are available in the neighboring towns.

- The Wilton Family Y has two pools, a swim team and swim lessons year round. (203)762-8384 wiltonymca.org
- The Ridgefield Park and Recreation Center offers swim lessons, fitness and swimming year round 203 431-2755 or at ridgefieldct.org
- The Town of Weston offers swimming in their town pool. Call (203)222-2656 for more information.

REDDING

EXPRESS

Haunted Graveyard

CALLING ALL 5th graders and up! Grab on to your friends and come to **Lake Compounce with us for the Haunted Graveyard!**



We will leave the RCC at 3 PM for a night of fun and fright! Come and ride your favorite rides in the dark! Mrs. E, the Travel Camp Director, will head the trip with her staff. Our return time will be 11:00 PM.

***Please note everyone must go through the Graveyard. This is scary. We do not have extra staff to stay out if your child is afraid.**

Activity # 13100-5
Date: 10/22/16 Day: Saturday
Fee: \$62.00
Time: Bus leaves the RCC at 3:00pm.

NY Jets vs. L.A. Rams

Activity # 73100-1
Date: 11/13/16 Day: Sunday
Fee: \$105.00
Time: Bus leaves the RCC at 8:30am to arrive at Met Life Stadium a little after 10:00am
Seats: Upper Tier Corner

We will provide grills for tailgating. You bring the food, beverages and leave the driving to us.

NY Rangers vs. Columbus Blue Jackets

Activity # 13100-4
Date: 2/26/17 Day: Sunday
Fee: \$144.00
Time: Bus leaves the RCC at 2:00pm for a 5pm game

School of Rock

Nominated for Best Musical! Based on the film of the same name, *School of Rock—The Musical* tells the story of wannabe rock star Dewey Finn, who poses as a substitute teacher at a prestigious prep school. When he discovers his students' musical talents, he enlists his fifth-graders to form a rock group and conquer the Battle of the Bands.

Date: 11/19/16 Day: Saturday
Time: 2:00pm show
Bus leaves the RCC at 9:30am
Seats: Rear mezzanine

Activity: 73100-2
Adults who do not bring their children: \$102.00

Activity: 73100-3
Student and Student's Chaperones: \$77.00

EXTENDED DAY PROGRAMS

Extended Day – grades K-4

Extended Day is a safe, familiar environment that offers fun, games, snack, sports, arts, crafts, homework and lots of outdoor play at the conclusion of your K-4th grader's regular school day and scheduled minimum days. This program meets in the south wing of RES and concludes at 6:00pm.

The program supervision is shared by Director Mary Jo Dix and Program Assistant Sarah Ewud-Kilburn ("Mrs. E"). In addition, our counselors are a great group of talented, enthusiastic teens and young adults. Children may be signed up for a regular schedule or occasional attendance. Advanced registration is required; at least one full business day in advance as long as openings exist. Keep in mind the Park and Rec office is closed on Fridays. 2016-17 Extended Day registration began in July and is ongoing throughout the school year. Our 2016-17 Extended Day Owner's Manual, registration packet and calendar sign-up forms are available online and in the Park and Rec office. Online registration is not available at this time.

Extended Day runs every scheduled full and minimum day. *Program canceled on snow days and weather-related early dismissals.

Time: The close of school until 6:00pm

Location: Extended Day Room
(Rm 104 - RES south wing)

Registration fee: \$25

Daily attendance fees:

Regular school days

2:50- 6:00...\$17

Scheduled minimum

12:50- 4:00...\$18

12:50- 6:00...\$20

Extended Day Senior

Afterschool recreation program for JRMS students!

This program is a natural extension of our popular Extended Day program and is designed especially for JRMS students. Your middle school student can ride a designated school bus to the Redding Community Center where the program begins as soon as the bus arrives. Participants will check in with an **Extended Day Senior** staff member and enjoy snack, homework time and a variety of recreational activities, including gym time, computer lab, outdoor play and more!

Children may be signed up for a regular schedule or occasional attendance. Advanced registration is required; at least one full business day in advance as long as openings exist. Keep in mind the Park and Rec office is closed on Fridays.

2016-17 Extended Day registration began in July and is ongoing throughout the school year. A registration packet and calendar sign-up forms are available online or in our office. Online registration is not available at this time. Call the Park and Rec office or contact Mary Jo Dix at mdix@townofreddingct.org for more information.

Extended Day Senior runs every scheduled full and minimum day. *Program canceled on snow days and weather-related early dismissals;

Time: When the bus from JRMS arrives until 6:00pm

Location: Redding Community Center (Park and Rec conference room)

Registration fee: \$25

Daily attendance fees: \$15 for a regular school day; \$17 for a minimum day

Delayed Opening Childcare

"Delayed Opening Childcare" is a before-school recreation program for RES students. Program meets **1 hour and 10 minutes before school begins** only on delayed openings at RES.

Time:

90 minute delay – our program meets from 8:25 – 9:35

2 hour delay – our program meets from 8:55 – 10:05

2.5 hour delay – our program meets 9:25 – 10:35

Location: Extended Day Room

(Rm 104 - RES south wing)

Fee: \$8.00 per morning payable to supervisor on site by cash or check only

Requirements: Deliver completed registration form at least one full business day **in advance** to Park and Rec office. The form is available online and at the P&R office. Use the security monitor outside the south wing lobby to be buzzed in, walk your child into Extended Day Room and pay daily fee (cash or check). Delayed Opening Childcare form is available online or in the Park and Rec office. Online registration is not available at this time

PRESCHOOL

Tumbling Fun

Each Tumbling Fun class taught by Deatra Nocito will include a warm-up activity, stretching, a gymnastics circuit and a closing game. Students will learn basic beginner tumbling skills with games and activities that will build strength, balance and agility. We ask caregivers to wait during the class outside the gym for potty breaks and other preschool nuances. Location: RCC gym

Activity: 12108-1 5 classes
Dates: 9/19/16-10/31/16 Day: Mon.
Times: 1:30-2:15pm Fee: \$55.00
Ages: 3-5 No Class: 10/3, 10/10

Activity: 12108-2 6 classes
Dates: 11/14/16-12/19/16 Day: Mon.
Times: 1:30-2:15pm Fee: \$66.00
Ages: 3-5

Activity: 12108-3 6 classes
Dates: 9/21/16-11/2/16 Day: Wed.
Times: 1:30-2:15pm Fee: \$66.00
Ages: 3-5 No class: 10/12

Activity: 12108-4 6 classes
Dates: 11/9/16-12/21/16 Day: Wed.
Times: 1:30-2:15pm Fee: \$66.00
Ages: 3-5 No Class: 11/23

Preschool Open Gym

See open gym schedule on page # 1

YOUTH PROGRAMS

PARK & RECREATION POLICY AT RES and the RCC

- Parents! Please be sure to use RES's Dismissal Manager if he/she is attending a 3:00pm or 3:05pm Park & Recreation activity. If the class is in the Community Center your child will be escorted to the class. All after school classes in the Community Center will meet in the RES cafeteria AFTER all buses are called. You need to reflect the ACTIVITY your child is attending not the location.

- If your child will not be attending their afterschool class, please notify us on our voicemail by 9:00am. Call 203-938-2551. Please note that the Park and Recreation office is closed on Fridays.

Soccer Classes

Our Park and Recreation staff will instruct soccer basics to all players. This class will focus on soccer fun and fitness.

Activity: 12113-1 6 classes
Dates: 9/22/16-10/27/16 Days: Th.
Times: 3:05 - 4:05pm Fee: \$ 54.00
Grades: 2 - 4

Activity: 12113-2 6 classes
Dates: 9/22/16-10/27/16 Days: Th.
Times: 4:05 - 4:50pm Fee: \$ 54.00
Grades: K-1
Location: RCC gym

Activity: 12113-1 5 classes
Dates: 11/3/16-12/22/16 Days: Th.
Times: 3:05 - 3:50pm Fee: \$ 47.50
Grades: K-1
No Class: 11/10, 11/24, 12/1

Activity: 12113-2 5 classes
Dates: 11/3/16-12/22/16 Days: Th.
Times: 4:00 - 5:00pm Fee: \$ 47.50
Grades: 2-4 No class: 11/26
Location: RCC gym
No Class: 11/10, 11/24, 12/1

Chess

All levels

Children will be taught the basic rules and strategies of the exciting world of scholastic chess. No prior chess knowledge is needed here. Children will also be introduced to basic chess notation. All equipment will be provided. James Santorelli is your instructor

Activity: 12127-1 8 Classes
Dates: 10/17/16-12/12/16 Day: Mon.
Time: 3:00-4:00pm Fee: \$114.00
Location: RES Teachers' lounge Grade: 2-4

Mine, Craft, Build Adventure Game with LEGO's

Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities. Class is taught by Play-Well TEKologies professionals. All classes are held in the RES Teachers' Lounge.

Activity: 12206-1 10 classes
 Dates: 9/13/16-11/29/16 Day: Tue.
 Time: 3:00-4:30pm Fee: \$200.00
 Grades: K-2
 No Class: 10/11, 11/8

Fencing

Fencing is an Olympic sport of passion and precision 1000 years in the making. We build confidence and empower students to make good decisions not only in sport but in life. Our focus is to develop good citizens by reinforcing common core values, to develop strong character, and to create a sense of belonging. The classes we are offering are beginner classes. Very flexible for class offerings, choose one class a week either, Tuesday or Thursday from 5-6pm or Saturdays from 10-11am.

Space limited to 12 kids per class and all specialized equipment provided. All Students must have a required USFA membership (\$10.00 a year), you can do this with Way of the Sword.

Location: Our new 5000 sq ft. state of the art facility located just off Main St. in the heart of Ridgefield. Call Way of the Sword with any questions. www.wayofthesword.org email: info@wayofthesword.org (203) 529 1320

Beginners Class Fee: \$ 285.00
 Activity: 12123-1
 Dates: Oct - Dec
 Grades: 8 and up

Meditation Class for Children

In a world filled with sensory (electronic) overload, school, family, peer and friend pressures, children more than ever need to meditate. Meditation helps children to develop their focus and attention, regulate and process their emotions when the world around them seems overwhelming and provides a sense of self and of resiliency. Although adult meditation is about going within, children's meditation is about connecting to their

senses in order to create focus, self-awareness and calmness. During this 45 minute class your child will be guided and given tools such as, breathing techniques, gentle body movements and guided visualizations to help them on their journey. June and Tracy are the Principals of Kindred Spirits. They each have an extensive background in the Healing Arts and believe Meditation is one of the core practices to learn in order to live a strong, healthy life.

Activity: 12117-7
 Dates: 9/20/16-11/1/16 5 classes
 Times: 3:05 - 3:50pm Day: Tue.
 Grades: 2-4 Fee: \$ 40.00
 No Class: 10/11, 10/18

Activity: 12117-8
 Dates: 11/15/16-12/20/16 6 classes
 Times: 3:05 - 3:50pm Day: Tue.
 Grades: 2-4 Fee: \$ 48.00

Hands on Science

Redding resident and hands on science camp guy, Chris Greene, presents 8 weeks of really cool after school science. Each week, your child will delve into the wonderful world of the physical sciences. Your child will make magnets, wire circuits, create chemical reactions, examine fossils and skulls, touch lightning, make silly putty, erupt volcanoes, change matter, meet giant bugs, use stethoscopes, and even touch a heart. www.handsonscienceenrichment.com

Activity: 12209-1
 Dates: 9/22/16-11/17/16 8 classes
 Times: 4:15-5:15pm Day: Thur.
 Grades: K-2 Fee: \$ 134.00
 Location: RCC Art room No Class: 11/10

Football Fun

Pigskin mania! Join the Park and Recreation staff for some great football variations. From flag football to Frisbee football, to any crazy variation our instructor comes up with! Location: RCC gym



Activity: 12110-1
 Dates: 9/28/16-11/2/16 5 classes
 Times: 3:05 - 4:05pm Day: Wed.
 Grades: 2 - 4 Fee: \$47.50
 No Class: 10/12

Activity: 12110-2
 Dates: 11/16/16-12/21/16 5 classes
 Times: 3:05 - 4:05pm Day: Wed.
 Grades: 2 - 4 Fee: \$47.50
 No Class: 11/23

Junior Chef Saturday Series

Each of our Saturday Series Junior Chefs will have a chance to create an entire meal that they will enjoy for lunch. In addition to being involved in several actual cooking projects, participants will learn about food safety issues, attractive displays of their creations and proper table setting. All recipes will go home with the children.

For all Nut Free classes, parents must still provide appropriate medicines and Administration of Medicine forms to supervisor on the day of the class, just in case!

Junior Chef Saturday Series is supervised by Mary Jo Dix, the Director of Park & Recreations Extended Day programs and Junior Chef Camp in the summer. She also has over 25 years of catering experience and is a Certified Food Safety Manager.

HOMEMADE FAST FOOD FAVORITES! We will make Pizza, chicken nuggets, corn dogs and ice cream sandwiches.

NUT FREE!

Activity: 12107-1 1 Class
 Dates: 11/5/16 Day: Sat.
 Time: 10:00-3:00 Fee: \$65.00
 Grades: 1-4
 Location: RCC Multi-purpose room

HOMEMADE FAST FOOD FAVORITES! We will make pizza, chicken nuggets, corn dogs and ice cream sandwiches.

NUT FREE! Same menu as 11/5 but for different age group.

Activity: 12107-2 1 Class
 Dates: 11/19/16 Day: Sat.
 Time: 10:00-3:00 Fee: \$65.00
 Grades: 4-8
 Location: RCC Multi-purpose room

JUST DESSERTS...and a little lunch! Homemade treats to enjoy today or freeze for the holidays. We will have Junior Chef's Salad for lunch.

Not appropriate for children with serious food allergies or sensitivities!

Activity: 12107-3 1 Class
 Dates: 12/3/15 Day: Sat.
 Time: 10:00-3:00 Fee: \$65.00
 Grades: 1 - 8
 Location: RCC Multi-purpose room

The Joy of Art

This popular art class gives students the freedom to discover their creativity through charcoal, pastel, watercolor, and acrylic. As they work at their own pace, they will learn the skills necessary to express themselves through their art. Along with basic drawing instruction,

students will learn to master all of the different mediums ~ building self-esteem as they do! ALL materials are supplied (a \$10 materials fee will be included in the fee). Laura McCormick is your instructor. Laura has a BA in Graphic Design, does portrait commissions and teaches all ages the love of art. Class is held in the RCC Multi Purpose room.

Activity: 12218-5 6 classes
 Dates: 9/13/16-10/25/16 Day: Tue.
 Time: 3:05-4:05pm Fee: \$76.00
 Grades 3-4 No class: 10/11

Activity: 12218-6 6 classes
 Dates: 9/13/16-10/25/16 Day: Tue.
 Time: 4:05-5:05pm Fee: \$76.00
 Grades 5-8 No class: 10/11

Activity: 12218-7 6 classes
 Dates: 11/1/16-12/13/16 Day: Tue.
 Time: 3:05-4:05pm Fee: \$76.00
 Grades 3-4 No class: 11/8

Activity: 12218-8 6 classes
 Dates: 11/1/16-12/13/16 Day: Tue.
 Time: 4:05-5:05pm Fee: \$76.00
 Grades 5-8 No class: 11/8

Youth Tennis

This class is to introduce your youngster to the game of tennis. Learn the terminology, rules and be able to get a grip on the entire sport as well as the racquet! **Please call the Park and Recreation cancellation hotline at 938-5036, ext. 3, about 30 minutes prior to a class when there is questionable weather.**

Monday

Instructor: Fairfield County Tennis LLC Pro.

Pee Wee

Activity: 12122-1 5 lessons
 Dates: 9/12/16-10/24/16 Day: Mon.
 Time: 3:05-3:55 pm Fee: \$99.00
 Grade: K-1
 No Class: 10/3, 10/10

Beginner/Advanced Beginner

Activity: 12122-2 5 lessons
 Dates: 9/12/16-10/24/16 Day: Mon.
 Time: 4:00-5:00 pm Fee: \$110.00
 Grade: 2-4
 No Class: 10/3, 10/10

ALL Levels – divided once at the courts

Activity: 12122-3 5 lessons
 Dates: 9/12/16-10/24/16 Day: Mon.
 Time: 5:00-6:00 pm Fee: \$110.00
 Grade: 5-6
 No Class: 10/3, 10/10

Wednesday

Instructor: Glen Englander

Pee Wee

Activity: 12122-4 6 lessons
Dates: 9/7/16-10/19/16 Day: Wed.
Time: 3:05-3:50 pm Fee: \$72.00
Grade: K-1 No Class: 10/12

Advanced Beginners

Activity: 12122-5 6 lessons
Dates: 9/7/16-10/19/16 Day: Wed.
Time: 4:00-5:00 pm Fee: \$72.00
Grade: 2-4 No Class: 10/12

All levels – Middle School

Activity: 12122-6 6 lessons
Dates: 9/7/16-10/19/16 Day: Wed.
Time: 5:00-6:00 pm Fee: \$72.00
Grade: 5-8 No Class: 10/12

Youth Golf - Golf Quest

Join the professionals at Golf Quest this fall. These classes are perfect for the beginner or for those looking to improve certain elements of their game. You may bring your own clubs or we will supply them. Three classes in each session feature irons, woods and “the short game.” **Location:** Class meets at Golf Quest at 1 Sand Cut Rd. in Brookfield. Open to ages 9-15. Fee: \$115.00. Time: 4:30 - 5:30PM

Activity: 12132-1 Day: Wed.
Dates: 10/5-10/26

Activity: 12132-2 Day: Mon.
Dates: 11/7-11/28

Activity: 12132-3 Day: Thur.
Dates: 12/1-12/22

Basketball Classes

Children will learn the basic skills needed in basketball in this non-competitive atmosphere. Developmentally appropriate skills will be taught. This class is open to both girls and boys. Location: RCC Gym



Activity: 12109-1 6 classes
Dates: 9/13/16-10/25/16 Day: Tue.
Times: 3:10 - 3:55pm Fee: \$ 57.00
Grades: 1-2
No class: 10/11

Activity: 12109-2 6 classes
Dates: 9/13/16-10/25/16 Day: Tue.
Times: 4:00 - 5:00pm Fee: \$ 57.00
Grades: 3-4
No class: 10/11

Activity: 12109-3 6 classes
Dates: 11/1/16-12/13/16 Day: Tue.
Times: 3:10 - 4:10pm Fee: 57.00
Grades: 3-4
No class: 11/8

Activity: 12109-4 6 classes
Dates: 11/1/16-12/13/16 Day: Tue.
Times: 4:10 - 4:55pm Fee: \$ 57.00
Grades: 1-2
No class: 11/8

Paint, Draw & More! Drawing Mixed Media

Taught by Jessica LaRock
Jessica LaRock resides in Darien, CT and has studied at London College of Fashion, Art Institute of Boston and is continuing her education at the School of Visual Arts. Jessica specializes in pop art, illustration and sculpture with influences from Picasso, Keith Haring to Tim Burton. Jessica has been seen on Martha Stewart Blog, the cover of Darien Times and BreakThruRadio TV.

Paint, Draw & More! offers drawing and painting classes that allow your child to express their creativity, while we teach them technical skills that help them blossom and build self-esteem through their artistic accomplishments. Our classes are fun, engaging and each project is developed with your young artist in mind. Younger and older children alike will build an image vocabulary and develop problem-solving skills through the medium of art. Paint Draw & More classes assist creative development and will enhance students intellectual growth and understanding of math, history and the sciences

Session 1
Activity: 12201-1 6 classes
Dates: 9/15/16-10/20/16 Day: Thur
Time: 3:05-4:05PM Fee: \$110.00
Ages: 5-8

Session 2
Activity: 12201-3 6 classes
Dates: 11/3/16-12/15/16 Day: Thur
Time: 3:05-4:05PM Fee: \$110.00
Ages: 5-8
No class 11/24

Cartooning

Learn to create cartoon characters, super heroes and comic strips! Students will learn to develop characters and story lines with associated dramatic illustration. The first few classes will concentrate on drawing and technique which students will then apply while designing and drawing their own projects for the rest of the session. Taught by Jessica LaRock.

Session 1

Activity: 12201-2 6 classes
 Dates: 9/15/16-10/20/16 Day: Thur
 Time: 4:15-5:15PM Fee: \$110.00
 Ages: 8-13

Session 2

Activity: 12201-4 6 classes
 Dates: 11/3/16-12/15/16 Day: Thur
 Time: 4:15-5:15PM Fee: \$110.00
 Ages: 8-13 No class 11/24

Kempo Karate

Kempo Karate originates from the Shaolin Temple; this style of karate teaches basic blocks, strikes, forms, combinations, and self-defense techniques. This is a wonderful way to help your child with confidence, discipline, and balance. The instructor is Redding's own June Fagan, who has studied karate for over 25 years and is a 3rd degree black belt. She now studies with 6th degree blackbelts from Fred Villari's of Fairfield.

All Classes will be in the RCC Community Room.

Mondays

Advanced Orange Belt or Higher

Activity: 12117-11 5 classes
 Dates: 9/12/16-10/24/16
 Time: 3:00 -4:00pm Days: Mon.
 Grades: 1 - 4 Fee: \$57.50
 No class: 10/3, 10/10

Advanced Orange Belt or Higher

Activity: 12117-12 7 classes
 Dates: 11/7/16-12/19/16
 Time: 3:00 -4:00pm Days: Mon.
 Grades: 1 - 4 Fee: \$80.50

Wednesdays

Session 1

Beginner

Activity: 12117-1 5 classes
 Dates: 9/14/16-10/19/16 Days: Wed.
 Time: 3:05 - 4:05pm Fee: \$57.50
 Grades: 1 - 4 No Class: 10/12

Orange Belt and up AND all levels Middle School

Activity: 12117-2 5 classes
 Dates: 9/14/16-10/19/16 Days: Wed.
 Time: 4:05 - 5:05pm Fee: \$57.50
 Grades: 1-12 No Class: 10/12

Session 2

Beginner

Activity: 12117-3 6 classes
 Dates: 10/26/16-12/14/16 Days: Wed.
 Time: 3:05 - 4:05pm Fee: \$69.00
 Grades: 1 - 4 No Class: 11/9, 11/23

Orange Belt and up AND all levels Middle School

Activity: 12117-4 6 classes
 Dates: 10/26/16-12/14/16 Days: Wed.
 Time: 4:05 - 5:05pm Fee: \$69.00
 Grades: 5-12 No Class: 11/9, 11/23

Kinder Karate

Activity: 12117-5 6 classes
 Dates: 9/22/16-10/27/16 Days: Th.
 Time: 3:00 - 3:45PM Fee: \$69.00
 Grades: K
 Location: RCC Community Room

Activity: 12117-6 5 classes
 Dates: 11/3/16-12/22/16 Days: Th.
 Time: 3:00 - 3:45PM Fee: \$57.50
 Grades: K
 No Class: 11/10, 11/24, 12/1
 Location: RCC Community Room

Magic Workshop

Magician, Tom O'Brien, will teach you the secrets and tricks of the trade. Children will learn 5 magic tricks and will create their own magic kit. All the children will receive a magic wand at the end of the class. Instruction sheet describing each trick is included. Highlight trick: Children will learn one of the oldest magic tricks in the world. Location: RCC Community Room

Activity: 13500-1
 Date: 10/19/16 Day: Wed.
 Time: 3:00 - 4:00pm Fee: \$19.00
 Grades: 1 - 4

Afterschool Hodgepodge

Try a little bit of everything. Different gym games or sports will be played each week. Boys and girls are welcome. This class is fun in its purest form in a non-competitive atmosphere. Location: RCC Gym

Activity: 12207-1 4 classes
 Dates: 9/19/16- 10/24/16 Day: Mon.
 Times: 3:00 - 3:45pm Fee: \$ 38.00
 Grades: K-1 No class: 10/3, 10/10

Activity: 12207 -2 6 classes
 Dates: 11/14/16-12/19/16 Day: Mon.
 Times: 3:00 - 4:00pm Fee: \$ 57.00
 Grades: 2-4

December Vacation Camp

All in grades K-6 are invited to join us for the December Vacation camp. The camp will feature crafts, board games as well as special activities planned by Mrs. E., our vacation camp director. Camp is held in RES, utilizing gym, classroom and outdoor areas. Space is limited due to staffing. Early sign up is recommended to ensure a spot. There will be no day of registrations. Special registrations forms will be available at the office and online after November 1st.

***We must have a minimum of 10 registered campers each day for program to run.**

Dates: 12/26/16-12/30/16

Days: Monday – Friday

Fee: \$34.00 per day

Time: Regular camp hours are 9:00AM - 3:30PM with drop off and pick-up for the December camp at the Extended Day room.

Extended A.M. extended hours are from 8:00 - 9:00am and are available for \$4.00 per day. Drop off is at the Extended Day Room.

Extended P.M. hours are 3:30-5:00pm and are available for \$6.00 per day. Pick up is in the Extended Day Room. You must pick your child up promptly at 5:00pm. There is a \$10 late fee for every part of fifteen minutes you are late.

Youth Basketball League (Grades 3-8)

Registration form can be found on page 25

Our basketball program features skill instruction, fundamentals of basketball, good sportsmanship, and teamwork. Our coaches are parent volunteers. What makes our program so special is that our teams only average 7-9 players per team allowing the children to get lots of “touches” on the basketball. Each player on a team plays the same amount regardless of ability. We believe that through playing, kids develop skills, confidence and teamwork. Join our program regardless of your child’s ability! Each week will include one practice and a game on Saturday at a different time each week.

Not attending the ratings clinic makes it difficult to make fair teams...all participants are expected to be there. We encourage participants to register early to save money and allow us to find enough volunteer coaches and sponsors to support the leagues. Please mark your calendar with these dates. You will not be sent a reminder.

League Dates: December 3 – February 25
Saturday game + one weekday practice

Ratings clinic dates and times:

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Grade</u>
11/1	Tue.	5:30-6:30	5-8 girls
11/2	Wed.	5:30-6:30	3-4 girls
11/3	Thur.	5:30-6:30	5-6 boys
11/9	Wed.	5:30-6:30	3-4 boys
11/10	Thur.	5:30-6:30	7-8 boys

All ratings are held at the RCC gym

League fee: \$85.00

Early Registration discount

\$75.00 by October 3

\$85.00 *before* October 31

\$95.00 **on or after** November 1

REGISTRATIONS ON OR AFTER YOUR CHILD’S CLINIC WILL ONLY BE ACCEPTED IF SPACE PERMITS. Teams are created the same night as the ratings clinic. Once teams are made all late registrants will be placed on a waitlist.

Volunteer Basketball Coach

The leagues success always depends on the commitment of volunteer coaches. If you like to work with kids or have the willingness to learn how to, we will teach you. Come be a positive influence on a child’s development! Anyone who is interested in coaching should contact Park & Recreation upon registration of your child. Our goal again this season is to include the coaches in the team selections. In order to do this, it is important that coaches attend the ratings clinics and the team making session immediately following.

Referees

If you have a basketball background and a desire to learn the finer points of the game, then refereeing may be for you. Referees and scorekeepers should contact Park & Rec. by November 1st. The pre-season referee’s clinic will be held on 11/19/16. Referees must be at least 16 years old.

Sponsor

Sponsors are needed to offset the cost of team uniforms. It’s also a great way to advertise should you own a local business.

\$100 first year sponsor

\$75 for 2nd or 3rd team sponsorships

\$75 for renewal sponsorships

MIDDLE SCHOOL & HIGH SCHOOL

Middle School Football

Join the Park and Recreation staff for some great football variations. From flag football to Frisbee football, to any crazy variation our instructor comes up with! Location: RCC gym

Activity: 12110-3	5 classes
Dates: 9/28/16-11/2/16	Day: Wed.
Times: 4:10 - 5:10pm	Fee: \$47.50
Grades: 2 - 4	No Class: 10/12

Activity: 12110-4	5 classes
Dates: 11/16/16-12/21/16	Day: Wed.
Times: 4:10 - 5:10pm	Fee: \$47.50
Grades: 2 - 4	No Class: 11/23

Meditation Class

With June Fagan and Tracy

Mignone

In a world filled with sensory (electronic) overload, school, family, peer and friend pressures, children more than ever need to meditate. Meditation helps children to develop their focus and attention, regulate and process their emotions when the world around them seems overwhelming and provides a sense of self and of resiliency. Although adult meditation is about going within, children's meditation is about connecting to their senses in order to create focus, self-awareness and calmness.

Activity: 12117-13	8 classes
Dates: 9/29/16- 11/17/16	Day: Thurs.
Times: 6:00-7:00pm	Fee: \$ 64.00
Grades: 5-8	

The Joy of Art

This popular art class gives students the freedom to discover their creativity through charcoal, pastel, watercolor, and acrylic. As they work at their own pace, they will learn the skills necessary to express themselves through their art. Along with basic drawing instruction, students will learn to master all of the different mediums ~

building self-esteem as they do! ALL materials are supplied (a \$10 materials fee will be included in the fee). Laura McCormick is your instructor. Laura has a BA in Graphic Design, does portrait commissions and teaches all ages the love of art. Class is held in the RCC Multi Purpose room.

Activity: 12218-6	6 classes
Dates: 9/13/16-10/25/16	Day: Tue.
Time: 4:05-5:05pm	Fee: \$76.00
Grades 5-8	No class: 10/11

Activity: 12218-8	6 classes
Dates: 11/1/16-12/13/16	Day: Tue.
Time: 4:05-5:05pm	Fee: \$76.00
Grades 5-8	No class: 11/8

American Red Cross Babysitter's Training

American Red Cross Babysitter's Training gives 11-15 year olds the skills and confidence they need to become great babysitters. This 6-hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification cards will be awarded upon successful completion. Please bring a lunch, drink and a pen or pencil.

Activity: 12130-1	1 class
Dates: 10/16/16	Day: Sunday
Times: 9:00am -3:00pm	Fee: \$65.00
Ages: 11-15	
Location: RCC Multi Purpose Room	

Cartooning

Session 1

Activity: 12201-2	6 classes
Dates: 9/15/16-10/20/16	Day: Thur
Time: 4:15-5:15PM	Fee: \$110.00
Ages: 8-13	

Session 2

Activity: 12201-4	6 classes
Dates: 11/3/16-12/15/16	Day: Thur
Time: 4:15-5:15PM	Fee: \$110.00
Ages: 8-13	No class 11/24

Teen Water Color Art Class

Come and learn basic watercolor techniques to help you begin your journey into the fantastic world of watercolor painting! We will learn the ways of the art, with wet on wet vs wet on dry, lifting off and layering paint, painting from light to dark, masking fluid, and various other techniques. These techniques will guide you as we lastly construct and begin a painting of your choice of subject. Laura D'Onofrio is an accomplished watercolorist that has refined her area of expertise to specialize in portraiture. She is a member of the Connecticut Watercolor Society, has a bachelor's degree in art, and has won several awards at a variety of art shows. Born and raised in Wilton, and now living in Redding, she has been a Connecticut resident for almost 30 years. For more information, please visit www.lauradonofrio.com

You will need the following supplies for the class:
(can find at Jerry's Artarama):

11x15 at least 140lb watercolor paper, and at least 15 sheets, arches "22x"30 watercolor paper - just one Robert E. Wood watercolor palette, Mandalay 4" flat brush round set of brushes, flat set of brushes, Viva paper towel roll, 1 empty gallon milk jug

Activity: 12218-1	6 classes
Dates: 9/15/2016-10/20/16	Day: Thur.
Times: 5:30-7:30pm	Fee: \$135.00
Ages: 13 to adult	
Location: RCC Art Room	

Activity: 12218-2	6 classes
Dates: 10/27/16-12/8/16	Day: Thur.
Times: 5:30-7:30pm	Fee: \$135.00
Ages: 13 to adult	No Class: 11/24
Location: RCC Art Room	

Kempo Karate

Wednesdays

Session 1

Orange Belt and up AND all levels Middle School

Activity: 12117-2	5 classes
Dates: 9/14/16-10/19/16	Days: Wed.
Time: 4:05 - 5:05pm	Fee: \$57.50
Grades: 1-12	No Class: 10/12

Session 2

Orange Belt and up AND all levels Middle School

Activity: 12117-4	6 classes
Dates: 10/26/16-12/14/16	Days: Wed.
Time: 4:05 - 5:05pm	Fee: \$69.00
Grades: 5-12	No Class: 11/9, 11/23

H.S. Basketball League



Redding Park and Recreation's High School basketball league is for anyone in grades 9-12.

All games will be on Saturdays after 4pm..

Games will begin on January 7th, 2017 and run through March 11th. Each team will have a parent volunteer coach and games will be refereed by adult referees. Practices will be on Tuesdays or Thursdays at JRMS. Each team will have one practice per week starting the week of 1/2/17. The registration form is available online at www.townofreddingct.org. Mandatory ratings clinic will be held on Saturday, 12/10/16 at 3:30pm.

FEE: \$90.00

Youth Tennis

Please call the Park and Recreation cancellation hotline at 938-5036, ext. 3, about 30 minutes prior to a class when there is questionable weather.

ALL Levels – divided once at the courts

Activity: 12122-3	5 lessons
Dates: 9/12/16-10/24/16	Day: Mon.
Time: 5:00-6:00 pm	Fee: \$110.00
Grade: 5-6	
No Class: 10/3, 10/10	
Instructor: Fairfield County Tennis LLC Pro	

All levels – Middle School

Activity: 12122-6	6 lessons
Dates: 9/7/16-10/19/16	Day: Wed.
Time: 5:00-6:00 pm	Fee: \$72.00
Grade: 5-8	No Class: 10/12
Instructor: Glen Englander	

M.S. & H. S. Open Gyms

See the open gym chart on page 1

HERITAGE CENTER AT THE REDDING COMMUNITY CENTER

Heritage Center is a place for adults to come together in a friendly environment to participate in cultural, creative, informative, and physical activities designed for their interests. It is also home to Redding's Social Services where advice and support services are available through a licensed social worker. Programs at the center are open to all adults. The listed registration fees reflect the discounted fees applied to those over the age of 50. Younger adults' fees are 50% more. Payment is expected with your registration. If you are new to a class, you may try your first class free of charge. For more detailed information on our programs, registration and services please call (203) 938-9725 or stop by the Heritage Center office in the Community Center on Lonetown Road.

Weekly Activities

These programs listed below are on-going and meet on a weekly basis. If a registration fee is required (those noted with *) it must be submitted to Heritage Center office before attending the first class. If you are new to the class there is no fee for your first class. Registration is done on a monthly basis unless the program is noted as a full course of study in which case a one time advance payment for the course is required.

Acupuncture and/or Massage – Beth Dobsevege, a licensed practitioner, offers sessions of 15 min. @ \$15.00, 30 min. @ \$30.00, or 1 hr. @ \$60.00. Appointments must be made a week in advance by calling the Heritage Center office (203-938-9725). Payment is made to Beth at the time of your appointment. Time: **Thursdays 10:00 a.m. – 2:30 p.m.** Location: Private area of the Technology Center

***Art** – An open studio class (medium of your choice) with an emphasis on composition, color, value and design. Bring your own materials and subject matter. Instructor: Adele Moros Location: Art Room

Tuesdays 1-3:00 p.m.

Sept. 13 – 27 Activity # 62001-09
3 classes
Fee: \$24.00 Register by 9/13

Oct. 11 – 25 Activity # 62001-10
3 classes
Fee: \$24.00 Register by 10/11

Nov. 1 – 29 Activity # 62001-11
5 classes
Fee: \$40.00 Register by 11/1

Dec. 6 -20 Activity # 62001-12
3 classes
Fee: \$24.00 Register by 12/6

Tuesdays 6-8:00 p.m.

Sept. 13 – 27 Activity # 62011-09
3 classes
Fee: \$24.00 Register by 9/13

Oct. 11 – 25 Activity # 62011-10
3 classes
Fee: \$24.00 Register by 10/11

Nov. 1 – 29 Activity # 62011-11
5 classes
Fee: \$40.00 Register by 11/1

Dec. 6 – 20 Activity # 62011-12
3 classes
Fee: \$24.00 Register by 12/6

Blood Pressure Screening – offered free of charge and conducted by visiting nurses every second and fourth Tuesday of each month at 12:45 – 1:45 p.m. Location: Lounge

Bridge – All level of players are welcome to join this group of “bridge loyalists”. Stan Rhodes, group facilitator, willingly gives individual orientations and refreshers to the game if you would like. No registration or fee required. Time: **Tuesdays and Thursdays 12:30 – 3:00 p.m.** Location: Card room.

Current Events – Join this enthusiastic discussion group and share your views on a variety of topics of current interest. Each week a group facilitator selects a topic and moderates the discussion on this relevant subject. Coffee and refreshments are served. Time: **Wednesdays 10:00 – Noon.** Location: Card Room.

HERITAGE CENTER AT THE REDDING COMMUNITY CENTER

***Drawing** – This class is a lovely way to explore your own creativity and drawing skills in the medium of your choice. Participants work on their own independent projects with individualized instruction. All skill levels are welcome. Instructor: Laura McCormick Location: Arts & Crafts Room

Time: **Wednesdays 10:00 a.m. – Noon.**

Sept. 14 – 28 Activity # 62003-09
3 classes
Fee: \$2400 Register by 9/14

Oct. 5 - 26 Activity # 62003-10
4 classes
Fee: \$32.00 Register by 10/5

Nov. 2 -16, 30 Activity # 62003-11
4 classes
Fee: \$32.00

Dec. 7 -21 Activity # 62003-12
3 classes
Fee: \$ 24.00

***Genealogy** – Explore your heritage and family lineage using computer technology while being guided by experienced genealogy researcher, Toni McKeen. This seven week course offers the excitement of discovery and the satisfaction of acquired knowledge that can be passed on to all family members. The advanced class already has a start on their research, but a new beginners class is forming.

Classes held Oct. 17 - Dec. 5 Register by 10/13 Location: Computer Lab

Beginner class: **Monday 3:30 – 5:30 p.m.** Complete course fee: \$70.00 Activity # 62019-10

Advanced class: **Monday 1:30 – 3:30 p.m.** Complete course fee: \$70.00 Activity # 62020-10

Mah Jongg – This centuries old game played with sets of tiles has players compete again each other to win their hand of “mah jongg”. Beginners are welcome to join and learn the game. “There’s always room for more players with or without experience,” says game facilitator Debby Schwartz. No registration or fees apply. Time: **Mondays 9:00 – Noon.** Location: Card Room

Needleworks – A quality time for all levels of knitters, crocheters, and other needle crafters to come together and share ideas as they work on individual projects. Inspiration and assistance is always available from fellow crafters. No registration or fees apply. Time: **Tuesdays 10:00 – Noon.** Location: Lounge

Quilting - All levels of quilters are welcome to bring their individual projects to this class and experience the satisfaction of peer support and inspiration. Many of the quilters continue their work in the afternoon at the “quilting bee” held in the same location. There is no registration or fee for this activity. Time: **Thursdays 10:00 – Noon;** Follow-up “quilting bee” held after lunch. Location: Arts & Crafts Room

***Spanish** – Work on basic components of conversational Spanish in an informal setting.

Instructor: Mary Ellen Sanford Location: Card Room

Beginners class: Tuesdays 10:00 – 11:00 a.m.

Advanced class: Tuesdays 11:00 – Noon

Sept. 13 -27 Activity # 62012-09
3 classes
Fee: \$15.00 Register by 9/13

Sept. 13 – 27 Activity # 62010-09
3 classes
Fee: \$15.00 Register by 9/13

Oct. 4 – 11 Activity # 62012-10
2 classes
Fee: \$10.00 Register by 10/4

Oct. 4 – 11 Activity # 62010-10
2 classes
Fee: \$10.00 Register by 10/4

Nov. 1, 15, & 29 Activity # 62012-11
3 classes
Fee: \$15.00 Register by 11/1

Nov. 1, 15, 29 Activity # 62010-11
3 classes
Fee: \$15.00 Register by 11/1

Dec. 6 – 13 Activity # 62012-12
2 classes
Fee: \$10.00 Register by 7/28

Dec. 6 – 13 Activity # 62010-12
2 classes
Fee: \$10.00 Register by 7/28

HERITAGE CENTER AT THE REDDING COMMUNITY CENTER

Tai Chi – This ancient discipline of slow, fluid like movements is an excellent way to relax the full body and mind. In addition, this physical activity has a wide variety of health benefits including improving balance. If you register for 3 classes per week the cost of the third class is discounted by 50%

Instructor: Deby Goldenberg Location: Community Room

Time: Mondays 10:00 – 11:00 a.m.

Sept. 12 -26 Activity # 61004-09
3 classes
Fee: \$15.00 Register by 9/12

Oct. 3, 17 – 24 Activity # 61004-10
3 classes
Fee: \$15.00 Register by 10/3

Nov. 7 – 28 Activity # 61004-11
4 classes
Fee: \$20.00 Register by 11/7

Dec. 5 – 19 Activity # 61004-12
3 classes
Fee: \$15.00 Register by 12/5

Wednesdays 10:00 – 11:00 a.m.

Sept. 14 – 28 Activity # 61014-09
3 classes
Fee: \$15.00 Register by 9/14

Oct. 5 ,19– 26 Activity # 61014-10
3 classes
Fee: \$15.00 Register by 10/5

Nov. 2 - 16, 30 Activity # 61014-11
4 classes
Fee: \$20.00 Register by 11/2

Dec. 7 – 21 Activity # 61014-12
3 classes
Fee: \$15.00 Register by 12/7

Fridays 11:00 – Noon

Sept. 16 – 30 Activity # 61024- 09
3 classes
Fee: \$15.00 Register by 9/16

Oct. 7 – 28 Activity # 61024-10
4 classes
Fee: \$20.00 Register by 10/7

Nov. 4 & 18 Activity # 61024-11
2 classes
Fee: \$10.00 Register by 11/4

Dec. 2 – 23 Activity # 61024-12
4 classes
Fee: \$20.00 Register by 12/2

***Technology Instruction** – Instructors are available for helping you improve your skills in using various technologies, i.e. smart phones, digital cameras, computer photo shop, word processing, excel programs, etc. Our computer lab has recently been updated with seven new computers and current software ready for use. Call our office to let us know your need(s) and we will do our best to set up appropriate instruction for you. Dates and fees will be arranged accordingly. You are also welcome to use our computer lab on an independent basis free of charge. Please call for open tech lab times.

HERITAGE CENTER AT THE REDDING COMMUNITY CENTER

***Yoga** – This class consists of gentle stretching exercises designed to strengthen, relax and revitalize the body, mind, and spirit. Exercise mats are available, or you may bring your own.

Instructor: Laurie Mayper Location: Community Room

Time: **Wednesdays 8:50 – 9:50 a.m.**

Sept. 14 – 28 Activity # 61001-09
3 classes
Fee: \$15.00 Register by 9/14

Oct. 5, 19– 26 Activity # 61001-10
3 classes
Fee: \$15.00 Register by 10/5

Nov. 2 -16, 30 Activity # 61001-11
4 classes
Fee: \$20.00 Register by 11/2

Dec. 7 – 21 Activity # 61001-12
3 classes
Fee: \$15.00 Register by 12/7

***Yoga for the Rest of Us** – This program is design to give older adults an opportunity to stretch and build balance without the consistent formality of traditional yoga poses. Exercise mats are available, or you may bring your own.

Instructor: Jean Rexford Location: Community Room

Time and dates to be determined. Contact the Heritage Center office after Sept. 12 for further info.

***Zumba Gold**

This rhythmic aerobic exercise program with music accompaniment energizes the body. It is designed to keep you moving while being low impact and easy on the joints.

Instructor: Jessica Ewud Location: Community Room

Time: **Thursdays 9:00 – 10:00 a.m.**

Sept. 15 – 29 Activity # 61008-09
3 classes
Fee: \$15.00 Register by 9/15

Oct. 6 -27 Activity # 61008-10
4 classes
Fee: \$20.00 Register by 10/6

Nov. 3 & 17 Activity # 61008-11
2 classes
Fee: \$10.00 Register by 11/3

Dec. 1 -15 Activity # 61008-12
3 classes
Fee: \$15.00 Register by 12/1

Lunch ‘n Learn Programs

These programs are held approximately six times per year in the community room with a light lunch served at a cost of \$3.00 per person. Guest speakers offer informative presentations on topics related to health, finance, government, and legal matters. These offerings are always advertised in The Redding Pilot, our email “blasts”, and bulletin board flyers. A three day advance registration is required. All adults are welcome to attend. Currently we have scheduled a program for Mon. Sept. 12th entitled “Health Wisely” which will be presented by Jean Rexford, a patient legal advocate. The topic deals with practical things to know in order to be an informed patient.

Special “Hands On” Creativity Workshops

These one-session workshops are designed to focus on special crafts related to seasonal events. Each uses a particular medium and is often led by a professional artist. Specific details on each workshop are posted in our flyers and email “blasts” approximately a month in advance with relevant registration fees and type of skills needed to complete the noted craft.

HERITAGE CENTER AT THE REDDING COMMUNITY CENTER

Special Enrichment Programs

Approximately once a month Heritage Center offers enrichment programs for all adults on topics related to music, drama, literature, art, and history. These programs are usually free and held in a "cultural café" setting with refreshments served. Participants are asked to register at the office at least two days in advance of a given presentation. Please watch for notices of these events in email "blasts", The Redding Pilot, and our bulletin board flyers. Currently the scheduled events include:

- 9/14 @ 1:30 p.m. – John McLeran presenting information on Redding's open space land tracts
- 9/19 @ 2:00 p.m. – Attorney Lancaster presenting information on elder law issues
- 9/20 @ 10:00 a.m. – Jean Schroeder's "Opera Talk"
- 9/30 @ 10:30 a.m. – Mr. and Mrs. Lang presenting a travelogue on Myanmar (Burma): it's culture and treasures
- 10/17 @ 9:00 a.m. – AARP presenting it's "Drive Smart" program
- 10/25 @ 10:00 a.m. – Jean Schroeder's "Opera Talk II"
- 10/24 @ 1:30 p.m. – Dr. R. Trowbridge presenting information on nutrition and what most people don't know
- 11/9 @ 1:30 p.m. – Steve Robinson presenting "Wine Knowledge for Dummies and Everyone Else" (includes wine tasting)
- 11/15 @ 10:00 a.m. – Jean Schroeder's "Opera Talk III"
- 12/13 @ 10:00 a.m. – Jean Schroeder's "Opera Talk IV"

Class Registration Form - Redding Heritage Center

Please be sure to fill out this form completely to assure proper registration. Make checks payable to: "Town of Redding". Our mailing address: PO Box 1118 Redding, CT 06875. You may fax this form to 203-938-5018. Email information will not be shared other than our weekly "blast". You may opt out of this mailing at any time.

NAME: _____

ADDRESS: _____ TOWN & ZIP: _____

EMAIL ADDRESS: _____

HOME PHONE: _____ CELL PHONE: _____

CLASS TITLE: _____ ACTIVITY # _____ DAY & TIME _____ COST _____

CLASS TITLE: _____ ACTIVITY # _____ DAY & TIME _____ COST _____

METHOD OF PAYMENT: Cash _____ Check# _____ GRAND TOTAL: _____

I understand that the Town of Redding has no accident insurance and that costs incurred due to injury to myself while participating in the activities listed on this form are my responsibility. I release and hold the town harmless from any injuries incurred in town recreational activities. I understand photos may be used by the department for promotional purposes unless I notify the department in writing to the contrary. **Refunds for programs are given only in emergency situations as approved by the head of our department.**

SIGNATURE _____ DATE _____



Please join us for



New Pond Farm's Harvest Dinner

AN ELEGANT FARM-TO-TABLE BOUNTIFUL BOARD

Saturday, September 17, 2016

Sp^end a lovely evening with friends and neighbors as you enjoy our summer gardens and pastures while dining on delicious, freshly harvested foods from the farm, all creatively prepared by **Forrest Pasternak**, the celebrated chef at Bailey's Backyard in Ridgefield!

Bailey's Backyard has won many awards including the Overall Excellence Award in dining from Connecticut Magazine (twice!). Forrest has been repeatedly chosen to be an Ambassador Chef of the Greenwich Food and Wine Event along with chefs Jean-Georges Vongerichten, Michel Nischan, Alex Guarnaschelli, and Geoffrey Zakarian.

Saturday, September 17, 2016

Cocktails & Hors D'oeuvres at 5 p.m. • Dinner at 6 p.m.

Seating is limited so please call the farm for reservations: 203-938-2117
for online reservations visit www.newpondfarm.org

— MEMBER —
\$125 per person
\$50 is tax deductible

— NON-MEMBER —
\$150 per person
\$75 is tax deductible

13th Annual Golf Outing Tuesday September 20th



Some people think the number 13 is unlucky. For New Pond Farm, our 13th Annual Golf Classic will be especially lucky because of the loyal golfers who return every year for a great day at the beautiful Redding Country Club. Your support of this wonderful day helps New Pond continue our programs that "connect people to the land that enriches and sustains us all".

An early response would be especially helpful this year as we would like you to include the shirt sizes of your team members.

*Individual Golfer \$225
(\$70 is tax deductible),
Foursomes \$900.*

If you have any questions please call: Sharon Coates, 938-0563 or Sue Dorenbosch, 938-0283

— THE SCHEDULE —

8:00 a.m. Registration and Continental Breakfast
10:00 a.m. Shot Gun Start, Scramble Format
10:00 a.m. Course Snacks/Refreshments
-3:00 p.m.
3:00 p.m. Sumptuous BBQ Lunch & Awards
3:00-5:00 p.m. Two hour Open Bar

Please Note: Proper Golf Attire.
No Cargo Shorts.

Annual Harvest Festival

Sat. Oct. 15, 11 a.m.-4 p.m. (rain date Sun. Oct. 16, 1-4 p.m.)

Living History Demonstrations

- *Rope Making
- *Open Hearth Cooking
- *Broom Making * Butter Making
- *Hands-on Uses of Antique Tools

Livestock Encounters

- *Take a wagon ride through the pastures with a team of majestic Percherons 1-3 p.m.
- *Sheep Shearing throughout the day
- *Hawks & Owls Take Flight Over The Pastures 2:30-3:30 p.m.

*Enjoy the Farm's own dairy herd & their calves

Harvest Crafts to Bring Home

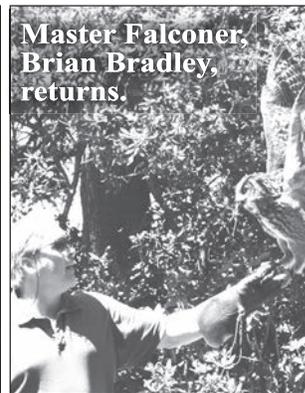
- *Create a grapevine wreath
- *Decorate a pumpkin
- *Roll a beeswax candle
- *Make gourd creatures, & MORE!

Fresh Harvest

- *Gourds from our gardens and fresh veggies from Meeting House Farm
- *Enjoy mulled cider
- *There will be burgers, 'dogs, desserts, thanks to the Girl Scouts of Redding



**Master Falconer
Brian Bradley,
returns.**



**\$5 per person (over 3 years old) or \$20 per family & small fees for crafts
No Dogs Please!!**

Connecting people with the land which enriches and sustains us all.

New Pond Farm Education Center • 101 Marchant Road • West Redding, CT 06896 • 203-938-2117 • www.newpondfarm.org

**PROGRAM
REGISTRATION
INFORMATION**

- Registration & Prepayment required for ALL programs except for the Harvest Festival.
- To register please call the office 203- 938-2117 or visit our website www.newpondfarm.org
- One-week cancellation is required for refund.
- Please park at the Learning Center and dress for the outdoors.

At New Pond Farm, you can expect a season filled with exploration, discovery, and authentic exposure! Join us in the fresh air and experience close encounters with animals and plants, and increase your knowledge of the natural world!



Birthday Parties!!

Did you know that our staff offers fun and educational birthday parties for NPF Family Members?

Please visit our website for more details:

http://www.newpondfarm.org/birthday_parties



A Peak at Our Fall Programs

Please check our website AFTER 9.15.16 for updated dates & times

FOR YOUNG EXPLORERS

- Blowing in the Wind--a celebration of seeds!
- Animals Preparing for Winter
- Fall Leaf Crafts — *See photo 1*

MIDDLE SCHOOL

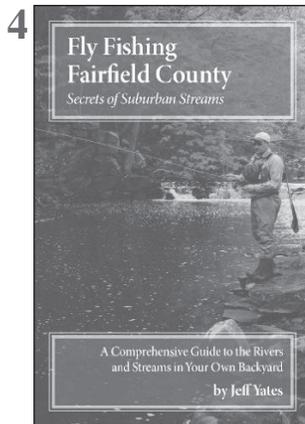
- Junior Staff (a six week hands-on work program) — *See photo 2*
- Rocketry
- Science Magic

FAMILIES

- Family Campout (members only) — *See photo 3*
- Astronomy Nights
- Autumn Hike to Mt. Baldy
- Woodland Indians--fall activities at the encampment
- Farm Chores
- Fly Fishing

HIGH SCHOOL STUDENTS AND ADULTS

- An evening with Jeff Yates, President of the Mianus Chapter of Trout Unlimited and author of "Fly Fishing Fairfield County: Secrets of Suburban Streams" — *See photo 4*
- Herb Luncheon
- Mushroom Walk and Talk with Connecticut-Westchester Mycological Society — *See photo 5*
- Caring for Backyard Chickens
- Felting with Sheila Dick
- Conducting studies at the farm's Hurricane Research Site



Membership

At New Pond Farm the majority of our operating budget is dependent on memberships, program revenues and private grants. We welcome your support! To fully explore the benefits of New Pond Farm, visit www.newpondfarm.org; you can join online or you can make your contribution using this form, payable to New Pond Farm Education Center and send it to:

New Pond Farm Education Center
Box 116, West Redding, CT 06896

MEMBERSHIP CATEGORIES:

- Individual Adult \$50
- Family \$75
- Supporting \$100
- Sustaining \$300
- Patron \$500
- Sponsor \$1,000
- Guardian \$5,000

Name(s) of family members: _____

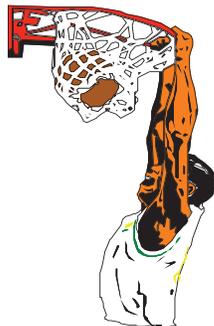
MAILING ADDRESS INFORMATION:

Name: _____
 Street: _____
 City, State, Zip: _____
 Phone: _____
 email: _____

REDDING PARK AND RECREATION BASKETBALL LEAGUE

Grades 3-8

Our league features an “everyone plays equal time format” with the emphasis on skill development and fun. The program includes a T-shirt (uniform), one practice and one game per week. All games are on Saturdays from December 3rd through Feb. 25th. The rating clinics allow us to observe the players so that we can divide the teams fairly. All of the clinics are held at the Redding Community Center gym. Please mark your calendar with the dates as you will not receive a reminder. Coaches will contact their players directly.



Rating Clinic Dates

<u>Grade</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Activity #</u>
5-8 girls	11/1	Tue.	5:30-6:30	80150
3-4 girls	11/2	Wed.	5:30-6:30	80140
5-6 boys	11/3	Thur.	5:30-6:30	80120
3-4th boys	11/9	Wed.	5:30-6:30	80100
7-8 boys	11/10	Thur.	5:30-6:30	80130

Early Registration discount \$75.00 (by Oct. 3)

FEE: \$85.00 Register before October 31

Registrations on or after November 1 are \$95.00 and will only be accepted if space permits.

Name: _____ Age: _____ Grade: _____ Height: _____ Gender: M F

Address: _____ DOB _____

Phone _____ Parent Cell #'s _____ Email _____

I understand The Redding Park and Recreation Department has no accident insurance and that costs incurred due to injury are my responsibility. I release and hold the town harmless for any injuries incurred in this activity. I understand photos may be used by the department unless I notify them in writing. Once the teams are created no refunds will be given.

Signature of Parents or Guardian _____

We DO NOT accept requests for coaches or team mates. No exceptions!

My child **cannot** make practice on the following evening M-TH (ONE NIGHT ONLY PLEASE) _____

ANY SPECIAL CIRCUMSTANCES OR CONCERNS MUST BE BROUGHT TO THE ATTENTION OF THE LEAGUE DIRECTOR LAURA ANDERSON PRIOR TO THE RATINGS CLINICS.

I authorized the use of this credit card for the above payments. (Circle one) Mastercard Visa Discover Amex

Credit Card Number _____ Expiration Date _____ CVV _____

Mail form to: Redding Park & Recreation Dept. - PO Box 1071 - Redding, CT 06875
or fax with credit card information to 938-1071

COACHES AND SPONSOR INTEREST FORM ON REVERSE SIDE

Class Registration Form - Redding Park and Recreation

Please be sure to fill out this form completely to assure proper registration. Make checks payable to: "Town of Redding". Our mailing address: PO Box 1071 Redding, CT 06875. You may fax this form to 938-1071. Additional Park and Recreation forms can be accessed at www.townofreddingct.org Email information will not be shared other than an estimate twice per month email blast. You may opt out of at anytime.

Is there any special information that you would like to share that would enable us to serve your child better?

No **Yes*** **The appropriate person from the department will call you or you may attach a note to this form.**

NAME or HOUSEHOLD NAME (often different from child's) _____

ADDRESS _____ TOWN & ZIP _____

Email Addresses _____

HOME PHONE _____ WORK PHONE _____ Ext. _____ Cell _____

PARTICIPANT'S NAME _____ SCHOOL TEACHER _____ SEX _____ GRADE _____ Birth Date _____

CLASS TITLE _____ ACTIVITY # _____ DAY & TIME _____ COST _____

CLASS TITLE _____ ACTIVITY # _____ DAY & TIME _____ COST _____

CLASS TITLE _____ ACTIVITY # _____ DAY & TIME _____ COST _____

PARTICIPANT'S NAME _____ SCHOOL TEACHER _____ SEX _____ GRADE _____ Birth Date _____

CLASS TITLE _____ ACTIVITY # _____ DAY & TIME _____ COST _____

CLASS TITLE _____ ACTIVITY # _____ DAY & TIME _____ COST _____

GRAND TOTAL: \$ _____

List all additional names for TRIPS, SPECIAL EVENTS _____

I understand that I need to send a note if my child attends a 3 pm class at RES or the RCC and should call the Park and Recreation office if my child won't be attending his/her 3 p.m. class. I understand that the Town of Redding has no accident insurance and that costs incurred due to injury to myself or the student's name listed above while participating in the activities listed on this form are my responsibility. I release and hold the town harmless from any injuries incurred in town recreational activities. I understand photos may be used by the department for promotional materials or advertising unless I notify the department in writing. I have read the refund policy from the brochure. **NO REFUNDS WILL BE MADE ONCE CLASSES HAVE STARTED.**

SIGNATURE _____ DATE _____

I authorized the use of this credit card for the above payments. (Circle one) Mastercard Visa AMEX Discover

Credit Card Number _____ Expiration Date _____ CVV Code _____

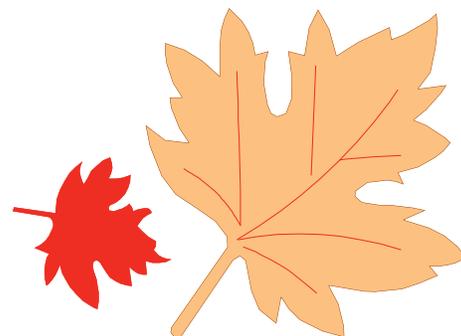
Redding Park and Recreation Dept.
PO Box 1071
Redding, CT 06875-1071
(203) 938-2551

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Redding Park and Recreation



*Check out the original music of these
fine singer-songwriters at the
“Lyrics Coffeehouse” 7:30-9:30pm*

Friday, November 4	Sweet Little Bloodhound
Saturday, December 3	David Morgan
Thursday, January 5	Brooks Williams
Friday, February 3	Milton
Friday, March 3	Kerri Powers
Friday, April 7	The Young Novelist

*Bring a bottle or wine, your laptop and enjoy original music worth
listening to at the Redding Community Center starting at 7:30pm.
\$10 in advance; \$12 at the door - ½ price for senior or children*

*You can link to our performer’s websites online at
www.townofreddingct.org*