

YOUTH PROGRAMS

PARK & RECREATION POLICY AT RES and the RCC

- Parents! Please be sure to use RES's Dismissal Manager if he/she is attending a 3:00pm or 3:05pm Park & Recreation activity. If the class is in the Community Center your child will be escorted to the class. All after school classes in the Community Center will meet in the RES cafeteria AFTER all buses are called. You need to reflect the ACTIVITY your child is attending not the location.

- If your child will not be attending their afterschool class, please notify us on our voicemail by 9:00am. Call 203-938-2551. Please note that the Park and Recreation office is closed on Fridays.

Soccer Classes

Our Park and Recreation staff will instruct soccer basics to all players. This class will focus on soccer fun and fitness.

Activity: 12113-1 6 classes
Dates: 9/22/16-10/27/16 Days: Th.
Times: 3:05 - 4:05pm Fee: \$ 54.00
Grades: 2 ó 4

Activity: 12113-2 6 classes
Dates: 9/22/16-10/27/16 Days: Th.
Times: 4:05 ó 4:50pm Fee: \$ 54.00
Grades: K-1
Location: RCC gym

Activity: 12113-1 5 classes
Dates: 11/3/16-12/22/16 Days: Th.
Times: 3:05 - 3:50pm Fee: \$ 47.50
Grades: K-1
No Class: 11/10, 11/24, 12/1

Activity: 12113-2 5 classes
Dates: 11/3/16-12/22/16 Days: Th.
Times: 4:00 - 5:00pm Fee: \$ 47.50
Grades: 2-4 No class: 11/26
Location: RCC gym
No Class: 11/10, 11/24, 12/1

Chess

All levels

Children will be taught the basic rules and strategies of the exciting world of scholastic chess. No prior chess knowledge is needed here. Children will also be introduced to basic chess notation. All equipment will be provided. James Santorelli is your instructor

Activity: 12127-1 8 Classes
Dates: 10/17/16-12/12/16 Day: Mon.
Time: 3:00-4:00pm Fee: \$114.00
Location: RES Teachers' lounge Grade: 2-4

Mine, Craft, Build Adventure Game with LEGO's

Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities. Class is taught by Play-Well TEKologies professionals. All classes are held in the RES TeachersøLounge.

Activity: 12206-1 10 classes
Dates: 9/13/16-11/29/16 Day: Tue.
Time: 3:00-4:30pm Fee: \$200.00
Grades: K-2
No Class: 10/11, 11/8

Fencing

Fencing is an Olympic sport of passion and precision 1000 years in the making. We build confidence and empower students to make good decisions not only in sport but in life. Our focus is to develop good citizens by reinforcing common core values, to develop strong character, and to create a sense of belonging. The classes we are offering are beginner classes. Very flexible for class offerings, choose one class a week either, Tuesday or Thursday from 5-6pm or Saturdays from 10-11am.

Space limited to 12 kids per class and all specialized equipment provided. All Students must have a required USFA membership (\$10.00 a year), you can do this with Way of the Sword.

Location: Our new 5000 sq ft. state of the art facility located just off Main St. in the heart of Ridgefield.

Call Way of the Sword with any questions.

www.wayofthesword.org email: info@wayofthesword.org
(203) 529 1320

Beginners Class Fee: \$ 285.00
Activity: 12123-1
Dates: Oct - Dec
Grades: 8 and up

Meditation Class for Children

In a world filled with sensory (electronic) overload, school, family, peer and friend pressures, children more than ever need to meditate. Meditation helps children to develop their focus and attention, regulate and process their emotions when the world around them seems overwhelming and provides a sense of self and of resiliency.

Although adult meditation is about going within, children's meditation is about connecting to their senses in order to create focus, self-awareness and calmness. During this 45 minute class your child will be guided and given tools such as, breathing techniques, gentle body movements and guided visualizations to help them on their journey. June and Tracy are the Principals of Kindred Spirits. They each have an extensive background in the Healing Arts and believe Meditation is one of the core practices to learn in order to live a strong, healthy life.

Activity: 12117-7
Dates: 9/20/16-11/1/16 5 classes
Times: 3:05 - 3:50pm Day: Tue.
Grades: 2-4 Fee: \$ 40.00
No Class: 10/11, 10/18

Activity: 12117-8
Dates: 11/15/16-12/20/16 6 classes
Times: 3:05 - 3:50pm Day: Tue.
Grades: 2-4 Fee: \$ 48.00

Hands on Science

Redding resident and hands on science camp guy, Chris Greene, presents 8 weeks of really cool after school science. Each week, your child will delve into the wonderful world of the physical sciences. Your child will make magnets, wire circuits, create chemical reactions, examine fossils and skulls, touch lightning, make silly putty, erupt volcanoes, change matter, meet giant bugs, use stethoscopes, and even touch a heart. www.handsonscienceenrichment.com

Activity: 12209-1
Dates: 9/22/16-11/17/16
Times: 4:15-5:15pm
Grades: K-2
Location: RCC Art room

8 classes
Day: Thur.
Fee: \$ 134.00
No Class: 11/10

Football Fun

Pigskin mania! Join the Park and Recreation staff
football to Frisbee football, to any crazy variation



for some great football variations. From flag
our instructor comes up with! Location: RCC gym

Activity: 12110-1
Dates: 9/28/16-11/2/16
Times: 3:05 - 4:05pm
Grades: 2 6 4

5 classes
Day: Wed.
Fee: \$47.50
No Class: 10/12

Activity: 12110-2
Dates: 11/16/16-12/21/16
Times: 3:05 - 4:05pm
Grades: 2 6 4

5 classes
Day: Wed.
Fee: \$47.50
No Class: 11/23

Junior Chef Saturday Series

Each of our Saturday Series Junior Chefs will have a chance to create an entire meal that they will enjoy for lunch. In addition to being involved in several actual cooking projects, participants will learn about food safety issues, attractive displays of their creations and proper table setting. All recipes will go home with the children.

For all Nut Free classes, parents must still provide appropriate medicines and Administration of Medicine forms to supervisor on the day of the class, just in case!

Junior Chef Saturday Series is supervised by Mary Jo Dix, the Director of Park & Receptions Extended Day programs and Junior Chef Camp in the summer. She also has over 25 years of catering experience and is a Certified Food Safety Manager.

HOMEMADE FAST FOOD FAVORITES! We will make Pizza, chicken nuggets, corn dogs and ice cream sandwiches.

NUT FREE!

Activity: 12107-1
Dates: 11/5/16
Time: 10:00-3:00
Grades: 1-4
Location: RCC Multi-purpose room

1 Class
Day: Sat.
Fee: \$65.00

HOMEMADE FAST FOOD FAVORITES! We will make pizza, chicken nuggets, corn dogs and ice cream sandwiches.

NUT FREE! Same menu as 11/5 but for different age group.

Activity: 12107-2 1 Class
Dates: 11/19/16 Day: Sat.
Time: 10:00-3:00 Fee: \$65.00
Grades: 4-8
Location: RCC Multi-purpose room

JUST DESSERTS...and a little lunch! Homemade treats to enjoy today or freeze for the holidays. We will have Junior Chef's Salad for lunch.

Not appropriate for children with serious food allergies or sensitivities!

Activity: 12107-3 1 Class
Dates: 12/3/15 Day: Sat.
Time: 10:00-3:00 Fee: \$65.00
Grades: 1 - 8
Location: RCC Multi-purpose room

The Joy of Art

This popular art class gives students the freedom to discover their creativity through charcoal, pastel, watercolor, and acrylic. As they work at their own pace, they will learn the skills necessary to express themselves through their art. Along with basic drawing instruction, students will learn to master all of the different mediums ~ building self-esteem as they do! ALL materials are supplied (a \$10 materials fee will be included in the fee).

Laura McCormick is your instructor. Laura has a BA in Graphic Design, does portrait commissions and teaches all ages the love of art. Class is held in the RCC Multi Purpose room.

Activity: 12218-5 6 classes
Dates: 9/13/16-10/25/16 Day: Tue.
Time: 3:05-4:05pm Fee: \$76.00
Grades 3-4 No class: 10/11

Activity: 12218-6 6 classes
Dates: 9/13/16-10/25/16 Day: Tue.
Time: 4:05-5:05pm Fee: \$76.00
Grades 5-8 No class: 10/11

Activity: 12218-7 6 classes
Dates: 11/1/16-12/13/16 Day: Tue.
Time: 3:05-4:05pm Fee: \$76.00
Grades 3-4 No class: 11/8

Activity: 12218-8 6 classes
Dates: 11/1/16-12/13/16 Day: Tue.
Time: 4:05-5:05pm Fee: \$76.00
Grades 5-8 No class: 11/8

Youth Tennis

This class is to introduce your youngster to the game of tennis. Learn the terminology, rules and be able to get a grip on the entire sport as well as the racquet! **Please call the Park and Recreation cancellation hotline at 938-5036, ext. 3, about 30 minutes prior to a class when there is questionable weather.**

Activity: 12132-3
Dates: 12/1-12/22

Day: Thur.

Basketball Classes

Children will learn the basic skills needed in
Developmentally appropriate skills will be
Location: RCC Gym



basketball in this non-competitive atmosphere.
taught. This class is open to both girls and boys.

Activity: 12109-1
Dates: 9/13/16-10/25/16 6 classes
Times: 3:10 - 3:55pm Day: Tue.
Grades: 1-2 Fee: \$ 57.00
No class: 10/11

Activity: 12109-2
Dates: 9/13/16-10/25/16 6 classes
Times: 4:00 - 5:00pm Day: Tue.
Grades: 3-4 Fee: \$ 57.00
No class: 10/11

Activity: 12109-3
Dates: 11/1/16-12/13/16 6 classes
Times: 3:10 - 4:10pm Day: Tue.
Grades: 3-4 Fee: 57.00
No class: 11/8

Activity: 12109-4
Dates: 11/1/16-12/13/16 6 classes
Times: 4:10 - 4:55pm Day: Tue.
Grades: 1-2 Fee: \$ 57.00
No class: 11/8

Paint, Draw & More! Drawing Mixed Media

Taught by Jessica LaRock

Jessica LaRock resides in Darien,CT and has studied at London College of Fashion, Art Institute of Boston and is continuing her education at the School of Visual Arts. Jessica specializes in pop art, illustration and sculpture with influences from Picasso, Keith Haring to Tim Burton. Jessica has been seen on Martha Stewart Blog, the cover of Darien Times and BreakThruRadio TV.

Paint, Draw & More! offers drawing and painting classes that allow your child to express their creativity, while we teach them technical skills that help them blossom and build self- esteem through their artistic accomplishments. Our classes are fun, engaging and each project is developed with your young artist in mind. Younger and older children alike will build an image vocabulary and develop problem-solving skills through the medium of art. Paint Draw & More classes assist creative development and will enhance students intellectual growth and understanding of math, history and the sciences

Session 1

Activity: 12201-1 6 classes
Dates: 9/15/16-10/20/16 Day: Thur
Time: 3:05-4:05PM Fee: \$110.00

Ages: 5-8

Session 2

Activity: 12201-3 6 classes
Dates: 11/3/16-12/15/16 Day: Thur
Time: 3:05-4:05PM Fee: \$110.00
Ages: 5-8
No class 11/24

Cartooning

Learn to create cartoon characters, super heroes and comic strips! Students will learn to develop characters and story lines with associated dramatic illustration. The first few classes will concentrate on drawing and technique which students will then apply while designing and drawing their own projects for the rest of the session. Taught by Jessica LaRock.

Session 1

Activity: 12201-2 6 classes
Dates: 9/15/16-10/20/16 Day: Thur
Time: 4:15-5:15PM Fee: \$110.00
Ages: 8-13

Session 2

Activity: 12201-4 6 classes
Dates: 11/3/16-12/15/16 Day: Thur
Time: 4:15-5:15PM Fee: \$110.00
Ages: 8-13
No class 11/24

Kempo Karate

Kempo Karate originates from the Shaolin Temple; this style of karate teaches basic blocks, strikes, forms, combinations, and self-defense techniques. This is a wonderful way to help your child with confidence, discipline, and balance. The instructor is Redding's own June Fagan, who has studied karate for over 25 years and is a 3rd degree black belt. She now studies with 6th degree blackbelts from Fred Villari's of Fairfield. All Classes will be in the RCC Community Room.

Mondays

Advanced Orange Belt or Higher

Activity: 12117-11 5 classes
Dates: 9/12/16-10/24/16
Time: 3:00 -4:00pm Days: Mon.
Grades: 1 - 4 Fee: \$57.50
No class: 10/3, 10/10

Advanced Orange Belt or Higher

Activity: 12117-12 7 classes
Dates: 11/7/16-12/19/16
Time: 3:00 -4:00pm Days: Mon.
Grades: 1 - 4 Fee: \$80.50

Wednesdays

Session 1

Beginner

Activity: 12117-1 5 classes
Dates: 9/14/16-10/19/16 Days: Wed.

Times: 3:00 - 3:45pm Fee: \$ 38.00
Grades: K-1 No class: 10/3, 10/10

Activity: 12207 -2 6 classes
Dates: 11/14/16-12/19/16 Day: Mon.
Times: 3:00 - 4:00pm Fee: \$ 57.00
Grades: 2-4

December Vacation Camp

All in grades K-6 are invited to join us for the December Vacation camp. The camp will feature crafts, board games as well as special activities planned by Mrs. E., our vacation camp director. Camp is held in RES, utilizing gym, classroom and outdoor areas. Space is limited due to staffing. Early sign up is recommended to ensure a spot. There will be no day of registrations. Special registrations forms will be available at the office and online after November 1st.

***We must have a minimum of 10 registered campers each day for program to run.**

Dates: 12/26/16-12/30/16
Days: Monday ó Friday
Fee: \$34.00 per day

Time: Regular camp hours are 9:00AM - 3:30PM with drop off and pick-up for the December camp at the Extended Day room.

Extended A.M. extended hours are from 8:00 - 9:00am and are available for \$4.00 per day. Drop off is at the Extended Day Room.

Extended P.M. hours are 3:30-5:00pm and are available for \$6.00 per day. Pick up is in the Extended Day Room. You must pick your child up promptly at 5:00pm. There is a \$10 late fee for every part of fifteen minutes you are late.

Youth Basketball League (Grades 3-8)

Registration form can be found on page 25

Our basketball program features skill instruction, fundamentals of basketball, good sportsmanship, and teamwork. Our coaches are parent volunteers. What makes our program so special is that our teams only average 7-9 players per team allowing the children to get lots of touches on the basketball. Each player on a team plays the same amount regardless of ability. We believe that through playing, kids develop skills, confidence and teamwork. Join our program regardless of your child's ability! Each week will include one practice and a game on Saturday at a different time each week.

Not attending the ratings clinic makes it difficult to make fair teams...all participants are expected to be there. We encourage participants to register early to save money and allow us to find enough volunteer coaches and sponsors to support the leagues. Please mark your calendar with these dates. You will not be sent a reminder.

League Dates: December 3 ó February 25
Saturday game + one weekday practice

Ratings clinic dates and times:

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Grade</u>
11/1	Tue.	5:30-6:30	5-8 girls
11/2	Wed.	5:30-6:30	3-4 girls
11/3	Thur.	5:30-6:30	5-6 boys
11/9	Wed.	5:30-6:30	3-4 boys
11/10	Thur.	5:30-6:30	7-8 boys

All ratings are held at the RCC gym

League fee: \$85.00

Early Registration discount

\$75.00 by October 3

\$85.00 *before* October 31

\$95.00 **on or after** November 1

REGISTRATIONS ON OR AFTER YOUR CHILD'S CLINIC WILL ONLY BE ACCEPTED IF SPACE PERMITS. Teams are created the same night as the ratings clinic. Once teams are made all late registrants will be placed on a waitlist.

Volunteer Basketball Coach

The leagues success always depends on the commitment of volunteer coaches. If you like to work with kids or have the willingness to learn how to, we will teach you. Come be a positive influence on a child's development! Anyone who is interested in coaching should contact Park & Recreation upon registration of your child. Our goal again this season is to include the coaches in the team selections. In order to do this, it is important that coaches attend the ratings clinics and the team making session immediately following.

Referees

If you have a basketball background and a desire to learn the finer points of the game, then refereeing may be for you. Referees and scorekeepers should contact Park & Rec. by November 1st. The pre-season referee's clinic will be held on 11/19/16. Referees must be at least 16 years old.

Sponsor

Sponsors are needed to offset the cost of team uniforms. It's also a great way to advertise should you own a local business.

\$100 first year sponsor

\$75 for 2nd or 3rd team sponsorships

\$75 for renewal sponsorships