

PRECHOOL

Tumbling Fun

Each Tumbling Fun class taught by Deatra Nocito will include a warm-up activity, stretching, a gymnastics circuit and a closing game. Students will learn basic beginner tumbling skills with games and activities that will build strength, balance and agility. We ask caregivers to wait during the class outside the gym for potty breaks and other preschool nuances. Location: RCC gym

Activity: 12108-1 6 classes
Dates: 9/20/17-10/25/17 Day: Wed.
Times: 1:30-2:15pm Fee: \$66.00
Ages: 3-5

Activity: 12108-2 6 classes
Dates: 11/1/17-12/6/17 Day: Wed.
Times: 1:30-2:15pm Fee: \$66.00
Ages: 3-5

Track and Field Squirts

Players will have fun learning the fundamental skills of running, jumping and throwing through a series activities and fun challenges. Location: RCC Field 2, RCC gym in case of inclement weather.
Instructor: US Sports Institute Staff

Activity: 12108-3 6 classes
Dates: 9/25/17-11/6/17 Day: Mon.
Times: 2:00-3:00pm Fee: \$125.00
Ages: 4-5 No class: 10/9

Multi Sports Squirts

The Squirts Multi Sports program allows children to experience a different sport each session including Lacrosse, Soccer, Basketball, T-Ball, Track & Field, Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment designed to ensure learning and most importantly: fun, fun, fun! Location: RCC Field 2, RCC gym in case of inclement weather.

Activity: 12108-4 6 classes
Dates: 9/25/17-11/6/17 Day: Mon.
Times: 1:00-2:00pm Fee: \$125.00
Ages: 3-4 No class: 10/9

Preschool Open Gym

See open gym schedule on page # 1