



Town of Redding
Health Department

P.O. Box 1028
Redding Center, CT 06875

Tel: (203) 938-2559

Fax (203) 938-4063

Redding Community Center

Permissible Foods List

Hot and Cold Beverages

Coffee
Tea
Soft Drinks

Commercially Pre-Packaged Unopened Food

Cheeses
Pastries
Cookies
Popcorn
Pretzels
Donuts
Candies

Homemade Foods

Brownies
Cakes
Fruit Pies

NO Custard Pies, Meat Pies, or Cheese Cakes

***NOTE:** All beverage creamers must be kept cool in a thermos or in an ice bath with the original container.
The use of Ultra High Temperature (UHT) individually packaged creamers is permissible