YOUTH PROGRAMS

PARK & RECREATION POLICY AT RES & RCC*

No Day of Registrations

Please make sure your child’s dismissal plan is updated on the School Dismissal Manager for each class your child is registered for.

Please Note: If your child is signed up for back to back classes it is YOUR responsibility to escort your child to the second class. Park and Recreation staff will not be available to do so.

Dodgeball

Join us on Sat. January 11, 2020 for Dodgeball for grades 3 & 4! Get your friends together and come on down to the RCC for a fun-filled night of dodgeball! This was a big hit last year so don't miss out on the fun! 7:30-9:30 pm. Pizza and drink are included. Sign up online or at the P&R office in advance by Thursday, Jan 9, 2020 or pay $15 at the door.

Activity No: 32121-1  
Dates: 1/11/20  
Time: 7:30-9:00pm  
Location: RCC Gym  
Day: Sat.  
Grade: 3-4  
Fee: $12

Soccer

Our Park and Recreation staff will instruct soccer basics to all players. This class will focus on soccer fun and fitness.

Activity No: 32113-1  
Dates: 1/16/20-2/20/20  
Time: 3:00-4:00pm  
No Class: 2/13  
Location: RCC Gym  
Fee: $55.00  
Grade: 2-4

Activity No: 32113-2  
Dates: 1/16/20-2/20/20  
Time: 4:00-4:45pm  
No Class: 2/13  
Location: RCC Gym  
Fee: $55.00  
Grade: K-1

Activity No: 32113-3  
Dates: 2/27/20-3/26/20  
Time: 3:00-3:45pm  
Location: RCC Gym  
Fee: $55.00  
Grade: K-1

Activity No: 32113-4  
Dates: 1/16/20-2/20/20  
Time: 3:00-4:00pm  
Location: RCC Gym  
Fee: $55.00  
Grade: 2-4
**Dates:** 2/27/20-3/26/20  
**Time:** 4:00-5:00pm  
**Location:** RCC Gym  
**Fee:** $55.00

**Lego’s - Animal Architects**

Let your imagination run wild as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

**Activity No:** 32006-1  
**Dates:** 2/11/20-4/7/20  
**Time:** 3:00-4:30pm  
**Location:** RCC Gym  
**Fee:** $171.00

**Chess**

All levels  
Children are taught the basic rules and strategies of the exciting world of scholastic chess. No prior chess knowledge is needed here. Children will also be introduced to basic chess notation. All equipment will be provided. James Santorelli is your instructor. Location: RES Teachers lounge

**Activity No:** 32127-1  
**Dates:** 1/13/20-3/16/20  
**Time:** 3:00-4:00pm  
**No Class:** 1/20, 2/17  
**Fee:** $120.00

**Hands on Science**

Redding resident and hands on science camp guy, Chris Greene, presents 8 weeks of really cool after school science. Each week, your child will delve into the wonderful world of the physical sciences. Your child will make magnets, wire circuits, create chemical reactions, examine fossils and skulls, touch lightning, make silly putty, erupt volcanoes, change matter, meet giant bugs, use stethoscopes, and even touch a heart. Some of the experiments will be repeated from the fall class some will be new.

**Activity No:** 32209-1  
**Dates:** 1/16/20-3/12/20  
**Time:** 4:15-5:15pm  
**Location:** RCC Art Room  
**Fee:** $126.00

**The Wizards School of Magic**

**Workshop # 2 – Abracadabra Magic**

Students will learn four magic tricks from Tom O’Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB’s Better Connecticut. Tom O’Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces – alakazaam – disappear!

**Activity:** 33500-1  
**Date:** 2/20/20  
**Day:** Thursday
Time: 3:00 - 4:00pm  Fee: $20.00
Grades: 1 – 4
Location: RCC Community Room

Football Fun

Pigskin mania! Join the Park and Recreation staff for some great football variations. From flag football to Frisbee football, to any crazy variation our instructor comes up with! Location: RCC gym

Activity No: 32110-1  5 classes
Dates: 1/8/20-2/5/20  Wednesday
Time: 3:00-4:00pm
Grades: 2-4  Fee: $55.00

Activity No: 32110-2  5 classes
Dates: 1/8/20-2/5/20  Wednesday
Time: 4:00-5:00pm
Grades: 5-8  Fee: $55.00

Football continued:

Activity No: 32110-3  6 classes
Dates: 2/19/20-3/25/20  Wednesday
Time: 3:00-4:00pm
Grades: 2-4  Fee: $66.00

Activity No: 32110-4  6 classes
Dates: 2/19/20-3/25/20  Wednesday
Time: 4:00-5:00pm
Grades: 5-8  Fee: $66.00

Junior Chef Saturday Series

Description: This series will take place on various Saturdays during the school year. Each of our Saturday Series Junior Chefs will have a chance to create an entire meal to enjoy for lunch and make a luscious dessert to take home for the family table. Junior Chefs will learn about food safety issues as well as attractive displays of their creations. All recipes will go home with the children. Children who love to eat and help create treats for themselves and their families are welcome! Session 2 and 3 are not appropriate for children with significant food allergies or sensitivities. Session 3 is NUT FREE! Times and grades vary per session. Each class this winter will be different but will feature recipes from all around the world...our own little “International Sampler”!!!

Activity: 32107-1  1 Class
Date: 1/25/20  Day: Sat.
Time: 12:00-5:00pm  Fee: $65.00
Grades: 1 - 4
Location: RCC Multipurpose Room/kitchen

Activity: 32107-2  1 Class
Date: 2/22/20  Day: Sat.
Time: 12:00-5:00pm  Fee: $65.00
Grades: 5 - 12  
Location: RCC Multipurpose Room/kitchen

**NUT FREE class!**

*Activity: 32107-3  
Date: 3/21/20  Day: Sat.  
Time: 12:00-5:00pm  Fee: $65.00  
Grades: 2 - 12  
Location: RCC Multipurpose Room/kitchen*

**Youth Golf—Golf Quest**

Join the professionals at Golf Quest this fall. These classes are perfect for the beginner or for those looking to improve certain elements of their game. You may bring your own clubs or we will supply them. Three classes in each session feature irons, woods and “the short game.” Location: Class meets at Golf Quest at 1 Sand Cut Rd. in Brookfield. Open to ages 9-15. Fee: $130.00. Time: 4:30 - 5:30PM

*Activity No: 32132-1  
Dates: 1/6/20-1/27/20  Monday*

*Activity No: 32132-2  
Dates: 2/5/20-2/26/20  Wednesday*

*Activity No: 32132-3  
Dates: 3/5/20-3/26/20  Thursday*

*Activity No: 32132-4  
Dates: 4/1/20-4/22/20  Wednesday*

**The Joy of Art**

This popular art class gives students the freedom to discover their creativity through charcoal, pastel, watercolor, and acrylic. As they work at their own pace, they will learn the skills necessary to express themselves through their art. Along with basic drawing instruction, students will learn to master all of the different mediums ~ building self-esteem as they do! ALL materials are supplied (a $10 materials fee will be included in the fee). Laura McCormick is your instructor. Laura has a BA in Graphic Design, does portrait commissions and teaches all ages the love of art.

*Activity No: 32218- 4  
Dates: 1/14/20-2/25/20  Tuesday  
Time: 3:00-4:00pm  Fee: $90  
Grades: 3-4  
No Class: 1/21  
Location: RCC Multi Purpose Room*

*Activity No: 32218- 5  
Dates: 1/14/20-2/25/20  Tuesday  
Time: 4:00-5:00pm  Fee: $90  
Grades: 5-8  
No Class: 1/21  
Location: RCC Multi Purpose Room*

*Activity No: 32218-6  
6 classes*
Basketball Classes

Children will learn the basic skills needed in basketball in this non-competitive atmosphere. Developmentally appropriate skills will be taught.

Activity No: 32109-1 6 classes
Dates: 1/14/20-2/25/20 Tuesday
Time: 3:00-4:00pm Fee: $66
Grades: 3-4
No Class: 1/21
Location: RCC Gym

Activity No: 32109-2 6 classes
Dates: 1/14/20-2/25/20 Tuesday
Time: 4:00-4:45pm Fee: $66
Grades: 1-2
No Class: 1/21
Location: RCC Gym

Paint Draw & More!

Join Paint Draw & More! as we enter our 25th year of teaching children art. We are proud to look back at our 24 years of success as pioneers in children’s drawing classes. Our classes are fun, engaging and each project is developed with your child in mind. We teach young artists how to build an image vocabulary, and develop problem-solving skills through the medium of art. PDM uses high quality supplies which are included in the class fee. Instructor: Heather Bennett

Activity No: 32201-1 6 classes
Dates: 1/9/20-2/13/20 Thursday
Time: 3:00-4:00pm
Cartooning

Learn to create cartoon characters, super heroes and comic strips! Students will learn to develop characters and story lines with associated dramatic illustration. The first few classes will concentrate on drawing and technique which students will then apply while designing and drawing their own projects for the rest of the session. Take the bus from JRMS to the RCC!

Instructor: Heather Bennett

Young Artist Weaving Class

This fantastic weaving class gives students the opportunity to work on a floor loom, table loom and rigid heddle loom. They will learn how to make a warp, dress a loom, and explore weaving patterns. Projects like woven bags, scarves, and mug rugs will be made. The class has a three-week break due to the instructor’s own weaving workshop plans. During the break students will be able to take home a loom to work on. Class is limited to 3 students. Students must be 8 years or older or by special arrangement with the instructor.

Held at Georgetown School of the Arts.

Instructor Ellen Goldman—Ellen is an enthusiastic weaver who enjoys sharing her love of weaving with others. A former middle school teacher, she has since taught weaving and crafts to children at the Wilton Historical Society and a variety of other venues Ellen is an active member of The Handweavers Guild of Connecticut. Location: Georgetown School of the Arts, 25 Old Mill Rd., West Redding, CT

Activity No: 32201-7  6 classes
Dates: 1/10/20-2/21/20  Thursday
Time: 4:15-6:00pm
Ages: 8 and up  Fee: $210.00
No Class: 2/14

Activity No: 32201-10  6 classes
Dates: 3/6/20-4/24/20  Friday
Time: 4:15-6:00pm
Ages: 7 and up  Fee: $210.00
Woodworking

This highly successful and popular project-oriented class is designed to give students hands on experience with carpentry and woodworking. They will learn to plan, measure, cut, build and decorate their projects using basic hand and carving tools. Class enrollment is limited to offer each child focused attention from the teacher. Students must be 8 years or older or by special arrangement with the instructor. All materials are provided. There is a $30 materials fee payable to your instructor on the first day of class. Taught by Steve Burke.

Location: Georgetown School of the Arts, 25 Old Mill Rd., West Redding, CT

Activity No: 32201-8
Dates: 1/10/20-2/21/20
Time: 4:15-5:45pm
Ages: 7 and up
Fee: $220.00
No Class: 2/14

Activity No: 32201-9
Dates: 3/6/20-4/24/20
Time: 4:15-5:45pm
Ages: 7 and up
Fee: $220.00
No Class: 4/10, 4/17

Karate

Kempo Karate originates from the Shaolin Temple; this style of karate teaches basic blocks, strikes, forms, combinations, and self-defense techniques. This is a wonderful way to help your child with confidence, discipline, and balance. The instructor is Redding’s own June Fagan, who has studied karate for over 40 years and is a 5th degree black belt.

Beginner
Activity No: 32117-1
Dates: 1/8/20-2/12/20
Grades: 1-4
Time: 3:00-4:00pm
Fee: $84.00
Location: RCC Community Room

Activity No: 32117-3
Dates: 2/19/20-3/25/20
Grades: 1-4
Time: 3:00-4:00pm
Fee: $84.00
Location: RCC Community Room

Orange Belt or Higher AND All levels MS/HS

Activity No: 32117-2
Dates: 1/8/20-2/12/20
Grades: 1-4
Time: 4:00-5:00pm
Fee: $84.00
Location: RCC Community Room

Activity No: 32117-4
Dates: 2/19/20-3/25/20
Grades: 1-12
Time: 4:00-5:00pm  Fee: $84.00
Location: RCC Community Room

Kinder Karate

Kempo Karate for our youngest school age students!

Activity No: 32117-5  5 classes
Dates: 1/27/20-3/2/20  Monday
Grade: K
Time: 3:00-3:45pm  Fee: $70.00
Location: RCC Community Room
No class: 2/17

Activity No: 32117-6  5 classes
Dates: 3/9/20-4/6/20  Monday
Grade: K
Time: 3:00-3:45pm  Fee: $70.00
Location: RCC Community Room

Advanced Karate – Orange belt or higher

Activity No: 32117-7  5 classes
Dates: 1/9/20-2/6/20  Thursday
Grade: 1-4
Time: 3:00-4:00pm  Fee: $70.00
Location: RCC Community Room

Activity No: 32117-8  5 classes
Dates: 2/27/20-3/26/20  Thursday
Grade: 1-4
Time: 3:00-4:00pm  Fee: $70.00
Location: RCC Community Room

Meditation

In a world filled with sensory (electronic) overload, school, family, peer and friend pressures, children more than ever need to meditate. Meditation helps children to develop their focus and attention, regulate and process their emotions when the world around them seems overwhelming and provides a sense of self and of resiliency. Although adult meditation is about going within, children’s meditation is about connecting to their senses in order to create focus, self-awareness and calmness. During this 45 minute class your child will be guided and given tools such as, breathing techniques, gentle body movements and guided visualizations to help them on their journey. June and Tracy are the Principals of Kindred Spirits. They each have an extensive background in the Healing Arts and believe Meditation is one of the core practices to learn in order to live a strong, healthy life.

Activity No: 32117-9  6 classes
Dates: 1/14/20-2/25/20  Tuesday
Grade: 2-4
Time: 3:00-3:45pm  Fee: $84.00
No Class: 1/21
Location: RCC Community Room
Activity No: 32117-10  6 classes  
Dates: 3/3/20-4/7/20  Tuesday  
Grade: 2-4  
Time: 3:00-3:45pm  Fee: $84.00  
Location: RCC Community Room