

A Letter from Angelica Fontanez: Assistance in the Community

MEALS ON WHEELS is now operating in Redding and accepting new referrals. This program is available to residents who are disabled or age 60 and above. Please call the Western CT Area Agency on Aging (WCAAA) at **203-757- 5449** or **800-994-9422** and ask for Meals on Wheels. The following information is required: name, date of birth, Social Security number (at least last 4 digits), monthly income, and emergency contact. This federal program survives on grants and donations. A voluntary donation amount of \$5 a day for 2 meals is suggested.

At the end of the month you will receive a statement with a suggested donation. Please pay what you can afford.

The Redding Roadhouse is offering an online grocery service. At the moment, they offer curbside pick-up only. However, in the future, if enough people use this service, they will offer delivery to your home. Their phone number is 203-938-2288. Alternatively, you can go to their website, and look for the second tab on top that says "ROADHOUSE GROCERY". Orders placed by 5 pm will be ready for pick up the following day. Please note that the Roadhouse is closed on Sundays.

To apply for **HUSKY, MEDICATE SAVINGS PROGRAM** or **SNAP** (Supplemental Nutritional Assistance Program), please go to the following website to find out if you are eligible: connect.ct.gov/access. The application can be done online.

We are part of **CARALUZZI's gift card** donation program. Please go to their website and select "Gift Cards". You will see the option of "Gift Cards for Charity", and we are listed as "Town of Redding".

A reputable home health aide agency, **FIRST LIGHT HOMECARE**, is accepting new clients. Residents in our community have used their services and we feel comfortable promoting them. First Light Homecare's contact person is Ryan Ventura, and his phone number is: 203-456-4706. Website: www.firstlighthomecare.com.

RVNA Health (Ridgefield Visiting Nurse Association)

Contact Person: Michelle Stewart. Phone: **203-438-5555**. Website: rvnahealth.org

BETHEL VNA

Phone: **203-792-0864**. Website: bethelvna.org

Please contact my office at **203-938-3580** with questions or concerns. My staff and I are here to help you during this difficult time.

Thank you.

Angelica Fontanez

203-938-3580

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