Highschool / Middleschool Programs

Waterfront Lifeguarding Class

This course will certify students in CPR/AED, First Aid, and Lifeguarding in a pool and waterfront settings. Included in the price are 2 CPR masks (Child/Adult & Infant) and the Red Cross Lifeguarding Manual. Students will learn in a real working environment to help understand and acquire the skills necessary to work at an aquatics facility. Upon successful completion of the course, students will be certified to work at pools and waterfronts across the United States. Class is held at Topstone Park, 72 Topstone Road Redding, CT
Instructor: Greg Fracassini
Prerequisites:

- Be at least 15 years old by July 1, 2021
- Able to confidently swim 550 yards without stopping
- Able to swim underwater and retrieve objects without goggles
- Tread water without hands for 2 mins.
- Able to attend ALL classes

Activity: 80710 - 1 Dates: 6/21/21 - 7/1/21
Days - Monday through Friday
Time: 3-7pm plus 6/28 11:00am-7:00pm
Fee: $300 residents, $350 non-residents