



May, 2021
Reminder!
Modern Eye Conditions Talk / Zumba

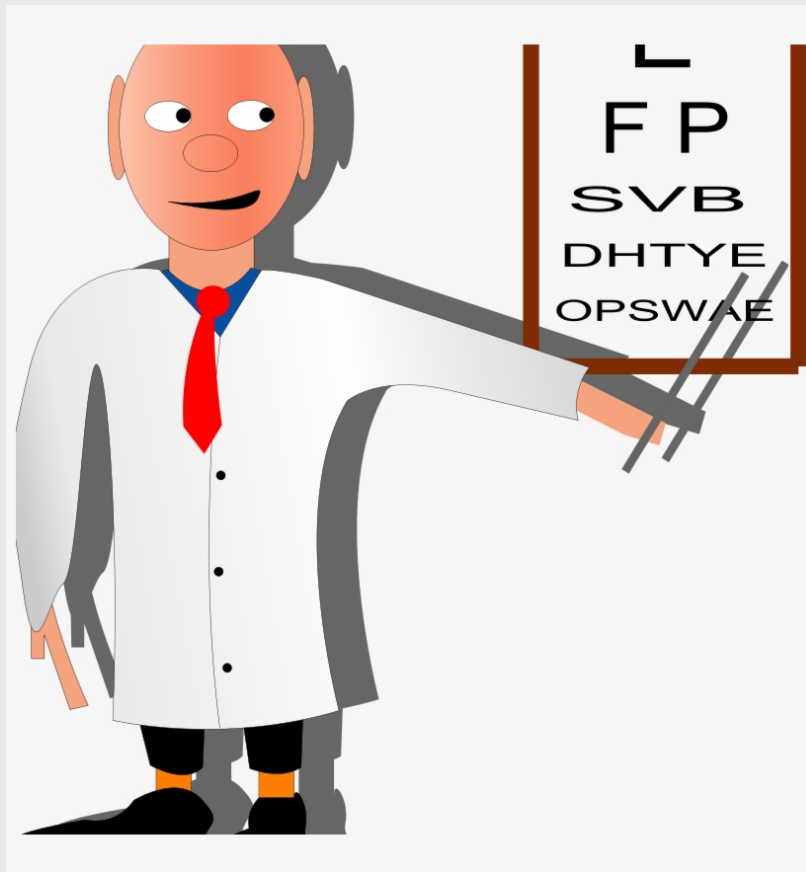


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Reminder!



Modern Eye Conditions Affecting Seniors and their Families

with Dr. Patrick Doty

Wednesday, May 12th, 2:00 PM

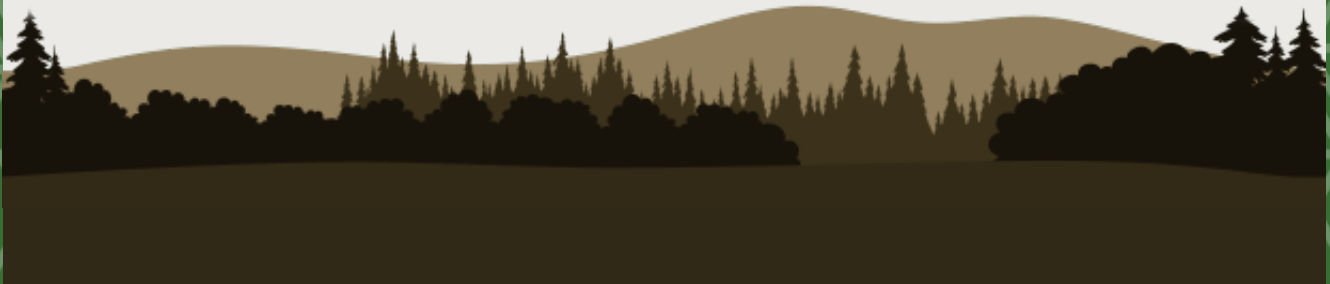
Optometrist Patrick Doty, the third generation in his family's Ridgefield eye care practice will share current best practices in senior eye care. Patrick is enthusiastic, caring and passionate about eye care education. His talk will be full of information, discussing topics such as glaucoma, cataracts, myopia, current eye care, treatments and other conditions. Be ready with questions, Dr. Patrick is very current on eye care research, provides thorough explanations, and is a wonderful resource. **IN PERSON**, outside, if the weather cooperates, where masks are not required. We will offer a sweet treat as well. Sign up with Margherita by clicking **HERE**.



Zumba

Zumba class will be held as usual on **Wednesday at 3:30** following the Eye Conditions talk. Our instructor, Laura Dorr has a dance background and enjoys playing not just salsa and meringue but a variety of world rhythm music. Weather permitting, classes will be on the back patio under a tent. (*Indoors during inclement weather.*) As mentioned, participants are not required to wear masks for outdoor classes. **First class is free to all.** Please sign up by clicking **HERE** as there is limited capacity.

Above all, stay safe, be well!



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